

**Bintan Triathlon 2009**  
Olympic Distance Triathlon - Overall



Nirwana Gardens, Bintan Island, Indonesia - 23 May 2009

Pos	Participant			Total Time	Category		Gender		Swim			T1			Cycle			T2			Run									
	Race No	First Name	Last Name		Cat.	C.Pos	Gen.	G.Pos	Time	O.Pos	C.Pos	min/km	Time	O.Pos	C.Pos	Time	O.Pos	C.Pos	km/h	Time	O.Pos	C.Pos	5km Time	O.Pos	C.Pos	min /km	10km Time	O.Pos	C.Pos	min /km
1	171	Daniel	Plews	2:03:35	25-29	1	Male	1	0:21:37	2	1	14:25	0:00:25	1	1	1:01:36	1	1	39	0:00:27	6	2	0:19:19	2	2	3:51	0:39:28	2	2	3:56
2	130	Nils Fredrik	Croneborg	2:06:36	25-29	2	Male	2	0:22:10	5	4	14:47	0:00:32	4	2	1:05:38	8	2	36.6	0:00:26	4	1	0:18:35	1	1	3:43	0:37:47	1	1	3:46
3	402	Chuan Rong	Loo	2:13:12	25-29	3	Male	3	0:21:38	3	2	14:25	0:00:37	16	3	1:07:38	22	3	35.5	0:00:34	23	4	0:21:14	8	3	4:14	0:42:42	6	3	4:16
4	367	Patrick	Poetzsch	2:16:11	35-39	1	Male	4	0:25:51	28	6	17:14	0:00:45	41	5	1:03:13	3	1	38	0:00:36	35	1	0:22:29	17	3	4:29	0:45:44	16	2	4:34
5	689	Kevin	Timmons	2:17:03	45-49	1	Male	5	0:21:36	1	1	14:23	0:00:55	78	3	1:05:47	9	1	36.5	0:00:35	32	1	0:23:59	41	1	4:47	0:48:09	30	1	4:48
6	460	David	Edwards	2:17:25	35-39	2	Male	6	0:26:06	31	8	17:24	0:00:41	24	2	1:08:13	31	9	35.2	0:00:38	43	3	0:20:21	4	1	4:04	0:41:45	5	1	4:10
7	975	Team	CGC	2:18:17	Team	1	Male	7	0:23:34	7	1	15:42	0:00:33	6	3	1:10:19	63	7	34.1	0:00:27	5	4	0:21:03	6	2	4:12	0:43:23	7	2	4:20
8	666	James	Driscoll	2:18:44	25-29	4	Male	8	0:21:58	4	3	14:39	0:00:54	77	7	1:10:45	76	8	33.9	0:00:47	75	5	0:21:34	9	4	4:18	0:44:18	12	6	4:25
9	675	Dughall	Aitken	2:19:07	40-44	1	Male	9	0:24:15	9	2	16:10	0:00:44	38	1	1:05:01	6	1	36.9	0:00:52	101	19	0:23:20	30	5	4:40	0:48:14	31	6	4:49
10	391	Trudy	Fawcett	2:20:56	35-39	1	Female	1	0:27:36	60	2	18:24	0:00:35	10	1	1:10:43	74	2	33.9	0:00:48	81	4	0:20:23	5	1	4:04	0:41:13	4	1	4:07
11	208	William	Allen	2:21:12	40-44	2	Male	10	0:28:33	81	16	19:02	0:00:59	94	15	1:07:00	18	5	35.8	0:00:30	13	1	0:21:44	11	1	4:20	0:44:08	10	1	4:24
12	978	Team	Mus Aquathlon Team 1	2:21:56	Team	2	Male	11	0:32:07	225	17	21:25	0:00:32	5	2	1:03:59	5	2	37.5	0:00:23	2	2	0:22:00	12	3	4:24	0:44:52	13	3	4:29
13	372	Melvin	Wong	2:22:05	25-29	5	Male	12	0:28:22	78	9	18:54	0:00:43	31	4	1:08:33	35	5	35	0:00:30	12	3	0:22:27	16	6	4:29	0:43:55	9	5	4:23
14	257	Minsok	Pak	2:22:08	40-44	3	Male	13	0:27:13	50	10	18:08	0:00:50	60	6	1:07:02	19	6	35.8	0:00:38	41	6	0:22:37	18	2	4:31	0:46:23	22	4	4:38
15	270	Paul	Dingley	2:22:54	35-39	3	Male	14	0:25:48	26	5	17:12	0:01:00	99	16	1:09:14	44	12	34.7	0:00:59	141	27	0:22:57	23	4	4:35	0:45:51	17	3	4:35
16	510	Wesley	Mailley-Smith	2:23:10	30-34	1	Male	15	0:26:40	36	2	17:46	0:00:55	80	5	1:07:36	21	2	35.5	0:00:44	68	6	0:23:31	32	2	4:42	0:47:13	27	1	4:43
17	644	Boon Kiong Adrian	Ng	2:23:12	25-29	6	Male	16	0:29:14	99	12	19:29	0:01:00	97	8	1:07:46	25	4	35.4	0:01:23	281	20	0:21:43	10	5	4:20	0:43:47	8	4	4:22
18	492	Mark	Clay	2:24:08	40-44	4	Male	17	0:30:41	169	32	20:27	0:00:52	67	9	1:06:54	16	4	35.9	0:00:36	34	4	0:22:51	21	3	4:34	0:45:03	14	2	4:30
19	104	Dean	Pearce	2:24:12	35-39	4	Male	18	0:27:50	66	21	18:33	0:00:51	63	9	1:08:52	39	10	34.8	0:00:47	73	6	0:23:10	26	5	4:38	0:45:51	18	4	4:35
20	973	Team	Effort	2:24:38	Team	3	Male	19	0:25:43	23	5	17:08	0:00:47	51	25	1:09:11	42	4	34.7	0:00:38	45	22	0:23:47	37	8	4:45	0:48:18	34	6	4:49
21	426	Arnaud	Selukov	2:25:10	40-44	5	Male	20	0:24:31	13	4	16:21	0:00:51	64	8	1:09:33	49	12	34.5	0:00:45	70	14	0:24:14	47	11	4:50	0:49:28	44	12	4:56
22	220	Ashley	Liew	2:25:25	18-24	1	Male	21	0:30:13	150	5	20:08	0:00:43	33	2	1:08:17	33	1	35.1	0:00:40	50	4	0:22:38	19	2	4:31	0:45:31	15	1	4:33
23	707	Robert	Hensby	2:25:31	30-34	2	Male	22	0:26:48	40	3	17:52	0:00:57	89	7	1:06:09	10	1	36.3	0:00:32	18	1	0:24:52	60	7	4:58	0:51:02	63	6	5:06
24	976	Team	Danish Aussies	2:25:33	Team	4	Male	23	0:26:00	30	8	17:20	0:00:31	2	1	1:17:34	214	15	30.9	0:00:21	1	1	0:20:15	3	1	4:03	0:41:04	3	1	4:06
25	706	Paul	Sakrzewski	2:25:44	40-44	6	Male	24	0:26:34	34	6	17:42	0:01:03	110	19	1:09:04	40	10	34.7	0:00:34	20	2	0:24:19	48	12	4:51	0:48:29	36	8	4:50
26	488	Brian	McGovern	2:25:53	50+	1	Male	25	0:28:46	87	1	19:10	0:00:50	59	1	1:08:25	34	1	35.1	0:00:57	123	1	0:22:52	22	1	4:34	0:46:53	24	1	4:41
27	564	William	Mccormack	2:26:09	40-44	7	Male	26	0:31:07	188	39	20:44	0:01:10	136	24	1:06:44	15	3	36	0:00:56	120	22	0:23:19	29	4	4:39	0:46:10	20	3	4:37
28	340	Ryan John	Mckay	2:26:49	30-34	3	Male	27	0:27:23	56	5	18:15	0:01:02	104	8	1:08:13	32	4	35.2	0:01:21	262	33	0:23:36	34	3	4:43	0:48:49	41	3	4:52
29	552	Ned	Phillips	2:26:59	40-44	8	Male	28	0:30:10	149	31	20:06	0:00:59	96	16	1:07:54	30	8	35.3	0:00:41	57	8	0:23:34	33	6	4:42	0:47:13	26	5	4:43
30	342	Liam	Winston	2:27:14	35-39	5	Male	29	0:28:08	69	22	18:45	0:00:31	3	1	1:10:44	75	19	33.9	0:00:40	55	5	0:23:14	28	7	4:38	0:47:09	25	7	4:42
31	359	Andrew	Martin	2:28:09	40-44	9	Male	30	0:27:14	52	11	18:09	0:00:55	79	11	1:10:27	66	19	34.1	0:00:48	79	15	0:23:55	39	8	4:47	0:48:43	40	11	4:52
32	969	Team	Pearled Anza	2:28:12	Team	5	Male	31	0:29:49	138	12	19:52	0:00:41	21	14	1:05:27	7	3	36.7	0:00:38	44	21	0:25:35	76	11	5:07	0:51:37	69	10	5:09
33	630	Gregory	Bush	2:28:35	40-44	10	Male	32	0:24:26	11	3	16:17	0:01:40	285	60	1:10:14	60	17	34.2	0:00:59	143	28	0:24:28	51	14	4:53	0:51:15	66	18	5:07
34	506	Martin	Reynolds	2:28:55	40-44	11	Male	33	0:28:38	84	17	19:05	0:01:16	161	34	1:10:06	57	16	34.2	0:00:37	36	5	0:24:01	43	10	4:48	0:48:16	32	7	4:49
35	263	Scott	Patterson	2:28:58	40-44	12	Male	34	0:27:22	55	12	18:14	0:02:03	392	82	1:09:56	53	13	34.3	0:00:57	124	24	0:24:25	50	13	4:53	0:48:38	39	10	4:51
36	297	Andrew	Ward Curran	2:29:11	30-34	4	Male	35	0:26:22	32	1	17:34	0:00:42	29	2	1:13:01	120	15	32.9	0:00:35	30	3	0:23:31	31	1	4:42	0:48:28	35	2	4:50
37	622	Stephen	Duerden	2:29:31	45-49	2	Male	36	0:28:03	68	4	18:42	0:01:10	140	11	1:09:25	47	5	34.6	0:00:46	72	4	0:25:22	71	4	5:04	0:50:05	49	2	5:00
38	985	Team	The Rockets	2:29:47	Team	6	Male	37	0:25:46	25	7	17:10	0:00:38	20	13	1:03:07	2	1	38	0:00:30	11	9	0:29:18	209	17	5:51	0:59:44	205	16	5:58
39	273	Tomohiro	Hashimoto	2:29:48	35-39	6	Male	38	0:30:19	155	39	20:12	0:01:13	150	29	1:07:52	28	7	35.4	0:00:51	97	14	0:24:51	58	10	4:58	0:49:32	45	8	4:57
40	101	Julian	Hudson	2:30:15	35-39	7	Male	39	0:27:20	54	17	18:13	0:01:28	217	44	1:07:14	20	4	35.7	0:00:49	89	11	0:26:25	105	21	5:17	0:53:23	97	15	5:20
41	971	Team	RMV Team	2:30:24	Team	7	Male	40	0:28:21	77	9	18:54	0:00:41	23	16	1:10:07	59	6	34.2	0:00:31	14	10	0:22:50	20	5	4:34	0:50:43	57	9	5:04
42	363	Mark	Jones	2:30:54	40-44	13	Male	41	0:26:54	45	8	17:56	0:00:45	42	3	1:09:11	41	11	34.7	0:00:42	62	10	0:25:52	84	22	5:10	0:53:20	93	22	5:20
43	970	Team	TriHarder	2:31:14	Team	8	Male	42	0:32:14	228	18	21:29	0:00:36	12	8	1:11:27	89	9	33.6	0:00:34	22	16	0:22:22	14	4	4:28	0:46:21	21	4	4:38
44	673	Malcolm	Elley	2:31:49	50+	2	Male	43	0:29:34	130	3	19:42	0:01:31	239	6	1:08:36	37	2	35	0:00:57	125	2	0:25:45	81	4	5:09	0:51:09	64	4	5:06
45	702	Richard	Cohen	2:32:15	25-29	7	Male	44	0:27:54	67	8	18:36	0:01:26	209	14	1:11:47	94	9	33.4	0:01:00	144	8	0:23:55	40	8	4:47	0:50:07	50	8	5:00
46	574	Elizabeth	Crichton	2:32:17	18-29	1																								

**Bintan Triathlon 2009**  
Olympic Distance Triathlon - Overall



Nirwana Gardens, Bintan Island, Indonesia - 23 May 2009

Pos	Participant			Total Time	Category		Gender		Swim				T1				Cycle				T2				Run					
	Race No	First Name	Last Name		Cat.	C.Pos	Gen.	G.Pos	Time	O.Pos	C.Pos	min/km	Time	O.Pos	C.Pos	Time	O.Pos	C.Pos	km/h	Time	O.Pos	C.Pos	5km Time	O.Pos	C.Pos	min /km	10km Time	O.Pos	C.Pos	min /km
65	479	Lucas	Shannon	2:35:43	35-39	15	Male	61	0:26:47	39	12	17:51	0:01:01	102	17	1:13:16	123	31	32.8	0:00:48	83	8	0:26:10	95	18	5:14	0:53:50	109	18	5:23
66	215	Lim Jia Jun	Eugene	2:35:48	18-24	2	Male	62	0:29:15	101	3	19:30	0:00:47	50	3	1:11:57	99	3	33.4	0:00:38	40	2	0:26:10	96	3	5:14	0:53:09	91	2	5:18
67	210	Scott	Mckenzie	2:35:53	40-44	17	Male	63	0:30:51	178	35	20:34	0:00:58	92	13	1:12:15	104	26	33.2	0:00:59	136	26	0:25:11	67	17	5:02	0:50:49	58	16	5:04
68	180	Allan	Norton	2:35:58	40-44	18	Male	64	0:29:58	143	29	19:58	0:01:46	326	64	1:13:21	124	33	32.7	0:00:44	67	13	0:24:30	53	15	4:54	0:50:08	51	14	5:00
69	643	Chan Eng Tiong Carl	Chan	2:36:22	40-44	19	Male	65	0:25:11	18	5	16:47	0:00:53	70	10	1:13:30	129	35	32.6	0:00:58	135	25	0:27:53	156	35	5:34	0:55:48	134	30	5:34
70	397	Brandon	Edwards	2:36:23	35-39	16	Male	66	0:33:27	270	65	22:18	0:01:57	369	77	1:07:44	24	6	35.4	0:02:03	451	94	0:24:45	57	9	4:57	0:51:10	65	11	5:07
71	972	Team	The Last Resort	2:36:32	Team	10	Male	67	0:24:37	15	2	16:25	0:00:37	14	9	1:14:21	147	11	32.3	0:00:27	8	6	0:27:06	126	13	5:25	0:56:29	145	14	5:38
72	434	Ian	Wright	2:36:33	45-49	4	Male	68	0:32:03	222	16	21:22	0:00:57	91	5	1:11:14	86	10	33.7	0:00:51	98	5	0:24:13	46	2	4:50	0:51:26	67	4	5:08
73	163	Fabien	Dugue	2:36:39	30-34	8	Male	69	0:27:19	53	4	18:12	0:01:11	145	14	1:13:47	136	17	32.5	0:00:56	113	11	0:26:16	98	12	5:15	0:53:25	100	13	5:20
74	697	Masaki	Sato	2:36:40	35-39	17	Male	70	0:27:49	65	20	18:32	0:01:34	261	54	1:11:34	91	23	33.5	0:01:13	217	39	0:27:18	136	28	5:27	0:54:28	117	21	5:26
75	368	Mark	Fracq	2:36:45	35-39	18	Male	71	0:29:36	133	35	19:44	0:01:58	375	80	1:06:23	13	3	36.2	0:01:31	317	64	0:30:28	249	51	6:05	0:57:17	163	29	5:43
76	268	Richard	Waddington	2:36:48	40-44	20	Male	72	0:37:24	433	90	0:56	0:01:05	121	22	1:06:24	14	2	36.1	0:00:55	111	21	0:24:01	42	9	4:48	0:50:59	61	17	5:05
77	410	William	Morrison	2:36:59	50+	3	Male	73	0:33:48	291	8	22:32	0:01:16	159	4	1:10:28	67	3	34.1	0:01:00	149	3	0:24:22	49	3	4:52	0:50:24	52	3	5:02
78	203	Warren	Brooks	2:37:10	40-44	21	Male	74	0:29:19	106	21	19:33	0:01:32	240	51	1:11:54	98	24	33.4	0:00:43	63	11	0:26:07	94	24	5:13	0:53:41	108	25	5:22
79	412	Neil	Wendover	2:37:16	30-34	9	Male	75	0:28:13	75	10	18:49	0:01:48	336	40	1:11:17	87	10	33.7	0:01:32	324	39	0:27:19	137	18	5:27	0:54:23	114	14	5:26
80	682	Gregory B	Lyons	2:37:21	50+	4	Male	76	0:29:33	126	2	19:42	0:01:32	243	7	1:12:56	119	5	32.9	0:01:02	154	5	0:25:51	83	5	5:10	0:52:16	76	5	5:13
81	436	Georgia	Bamber	2:37:24	35-39	3	Female	5	0:29:03	92	3	19:22	0:01:19	181	8	1:15:00	162	4	32	0:01:00	148	10	0:24:59	63	2	4:59	0:51:00	62	3	5:06
82	121	David	Gurney	2:37:26	40-44	22	Male	77	0:31:33	207	43	21:02	0:01:15	155	32	1:08:42	38	9	34.9	0:00:39	48	7	0:27:53	155	34	5:34	0:55:15	126	28	5:31
83	193	Ian	Rogers	2:37:29	45-49	5	Male	78	0:30:08	147	12	20:05	0:00:47	49	1	1:09:23	46	4	34.6	0:00:46	71	3	0:26:25	104	8	5:17	0:56:23	143	10	5:38
84	173	Mark	Rees	2:37:30	45-49	6	Male	79	0:32:47	251	17	21:51	0:00:49	56	2	1:10:19	62	7	34.1	0:01:10	196	15	0:25:54	85	6	5:10	0:52:25	78	6	5:14
85	548	Grant	O'Halloran	2:37:51	35-39	19	Male	80	0:26:45	38	11	17:50	0:00:48	52	6	1:10:56	78	20	33.8	0:01:13	220	40	0:27:22	141	30	5:28	0:58:07	180	31	5:48
86	230	Makoto	Shimamoto	2:38:02	30-34	10	Male	81	0:31:14	191	21	20:49	0:02:25	455	56	1:13:48	138	18	32.5	0:01:13	219	27	0:24:42	56	5	4:56	0:49:20	42	4	4:56
87	216	Ahmed	Al-Awa	2:38:07	40-44	23	Male	82	0:33:46	288	60	22:30	0:01:05	119	21	1:13:37	132	37	32.6	0:01:06	181	36	0:23:52	38	7	4:46	0:48:31	38	9	4:51
88	139	Michael	Prendiville	2:38:30	35-39	20	Male	83	0:26:43	37	10	17:49	0:00:49	55	7	1:10:38	70	16	34	0:01:21	260	50	0:26:20	101	19	5:16	0:58:58	192	37	5:53
89	499	Tommi	Pitka	2:38:38	30-34	11	Male	84	0:30:48	173	18	20:32	0:01:33	251	30	1:09:41	51	6	34.4	0:00:40	52	4	0:27:12	131	17	5:26	0:55:54	137	19	5:35
90	999	Team	1-ANZ	2:38:56	Team	11	Male	85	0:25:37	22	4	17:04	0:00:51	61	27	1:19:06	250	17	30.3	0:00:31	15	11	0:24:58	62	10	4:59	0:52:50	85	11	5:17
91	118	Benjamin	Lau	2:39:00	18-24	3	Male	86	0:29:15	100	2	19:30	0:00:54	75	4	1:11:11	84	2	33.7	0:00:40	49	3	0:28:37	182	4	5:43	0:56:59	157	3	5:41
92	277	Brian	Tan	2:39:01	30-34	12	Male	87	0:34:44	328	44	23:09	0:01:04	117	10	1:09:42	52	7	34.4	0:00:47	76	7	0:26:15	97	11	5:15	0:52:42	80	10	5:16
93	465	Edward	Sadler	2:39:04	45-49	7	Male	88	0:36:27	398	31	0:18	0:01:07	126	8	1:06:14	12	2	36.2	0:00:58	132	8	0:27:26	144	11	5:29	0:54:16	113	8	5:25
94	651	Victor	Chan	2:39:04	50+	5	Male	89	0:32:34	243	7	21:43	0:01:31	236	5	1:14:19	146	6	32.3	0:02:22	486	13	0:24:11	45	2	4:50	0:48:17	33	2	4:49
95	213	Gemma	Keogh-Peters	2:39:12	30-34	1	Female	6	0:26:51	43	2	17:54	0:00:56	83	2	1:16:24	188	2	31.4	0:00:52	102	3	0:27:21	139	4	5:28	0:54:07	112	4	5:24
96	242	Jeremy	Finnamore	2:39:20	35-39	21	Male	90	0:30:58	182	44	20:39	0:00:43	34	3	1:10:07	58	14	34.2	0:00:49	90	12	0:28:24	172	33	5:40	0:56:41	149	26	5:40
97	375	John	Tomnay	2:39:35	40-44	24	Male	91	0:30:50	176	34	20:33	0:00:46	43	4	1:10:02	56	15	34.3	0:00:52	100	18	0:27:00	122	28	5:24	0:57:03	158	37	5:42
98	607	Tze Chung	Cheng	2:39:54	35-39	22	Male	92	0:30:21	158	40	20:14	0:01:03	108	20	1:09:12	43	11	34.7	0:01:04	175	33	0:26:56	120	25	5:23	0:58:12	183	33	5:49
99	433	Trent	Standen	2:39:55	30-34	13	Male	93	0:28:09	71	7	18:46	0:00:38	19	1	1:13:39	133	16	32.6	0:00:34	24	2	0:26:46	112	13	5:21	0:56:54	156	20	5:41
100	680	Reto	Kaufmann	2:39:55	35-39	23	Male	94	0:33:37	279	69	22:24	0:01:08	130	25	1:11:09	83	22	32.7	0:01:16	234	42	0:25:56	89	16	5:11	0:52:44	82	13	5:16
101	443	Richard	Offer	2:39:56	40-44	25	Male	95	0:36:25	397	81	0:16	0:01:11	147	28	1:11:14	85	21	33.7	0:01:03	170	35	0:25:03	64	16	5:00	0:50:00	47	13	5:00
102	202	Robin	Bresser	2:39:57	40-44	26	Male	96	0:32:29	240	52	21:39	0:01:38	280	58	1:11:45	93	23	33.4	0:01:20	259	53	0:26:05	92	23	5:13	0:52:42	81	20	5:16
103	319	Dwayne	Nortmann	2:39:59	35-39	24	Male	97	0:29:13	98	30	19:29	0:00:54	72	11	1:11:50	95	24	33.4	0:01:28	302	59	0:27:37	148	31	5:31	0:56:32	146	25	5:39
104	380	Mark	Lyons	2:39:59	35-39	25	Male	98	0:31:37	208	50	21:04	0:01:17	167	30	1:07:39	23	5	35.5	0:00:54	107	18	0:27:21	140	29	5:28	0:58:29	185	35	5:50
105	200	Neil	Franks	2:40:15	50+	6	Male	99	0:30:17	153	4	20:11	0:01:10	139	2	1:12:06	101	4	33.3	0:01:04	176	7	0:27:07	127	6	5:25	0:55:36	132	6	5:33
106	991	Team	B.E.S.T	2:40:27	Team	12	Male	100	0:33:13	265	19	22:08	0:00:33	7	4	1:15:38	176	12	31.7	0:00:31	16	12	0:24:01	44	9	4:48	0:50:30	55	8	5:03
107	361	Benjamin	Wark	2:40:37	30-34	14	Male	101	0:31:19	195	22	20:52	0:01:36	268	33	1:12:00	100	12	33.3	0:01:04	173	18	0:27:09	129	16	5:25	0:54:36	118	16	5:27
108	158	Wendy	Wilcox	2:40:41	45+	1	Female	7	0:31:56	214	3	21:17	0:00:42	25	1	1:14:27	149	1	32.2	0:00:37	38	1	0:25:58	90	2	5:11	0:52:58	87	2	5:17
109	665	Tate																												

**Bintan Triathlon 2009**  
Olympic Distance Triathlon - Overall



Nirwana Gardens, Bintan Island, Indonesia - 23 May 2009

Pos	Participant			Total Time	Category		Gender		Swim				T1			Cycle				T2			Run							
	Race No	First Name	Last Name		Cat.	C.Pos	Gen.	G.Pos	Time	O.Pos	C.Pos	min/km	Time	O.Pos	C.Pos	Time	O.Pos	C.Pos	km/h	Time	O.Pos	C.Pos	5km Time	O.Pos	C.Pos	min /km	10km Time	O.Pos	C.Pos	min /km
129	343	Maoyu	Lin	2:44:05	25-29	10	Male	118	0:32:56	258	22	21:57	0:01:33	250	18	1:15:57	180	14	31.6	0:01:10	201	14					0:52:26	79	9	5:14
130	475	Tyler	Chapman	2:44:19	25-29	11	Male	119	0:25:17	19	5	16:51	0:01:40	284	23	1:12:24	111	10	33.1	0:01:44	381	31	0:31:29	284	21	6:17	1:03:12	263	20	6:19
131	642	Gawain	Barnard	2:44:52	45-49	11	Male	120	0:32:49	252	18	21:52	0:01:09	133	9	1:16:19	183	17	31.4	0:01:00	147	9	0:25:48	82	5	5:09	0:53:34	106	7	5:21
132	683	Tsuyoshi	Minami	2:44:57	35-39	31	Male	121	0:30:53	180	43	20:35	0:02:45	494	105	1:17:01	206	51	31.2	0:01:29	310	60	0:27:04	123	26	5:24	0:52:47	83	14	5:16
133	389	Anne-Michelle	Knecht-Boyer	2:44:59	45+	2	Female	12	0:29:31	119	2	19:40	0:00:54	73	2	1:17:56	222	5	30.8	0:01:07	184	2	0:27:20	138	3	5:28	0:55:30	130	3	5:33
134	486	Matthew	Wise	2:45:06	25-29	12	Male	122	0:28:44	86	10	19:09	0:01:44	305	25	1:26:34	391	29	27.7	0:00:47	78	6	0:22:57	24	7	4:35	0:47:15	28	7	4:43
135	327	Adam	Clayton	2:45:11	25-29	13	Male	123	0:27:44	63	7	18:29	0:01:43	298	24	1:17:45	217	16	30.9	0:01:42	364	28	0:27:52	154	11	5:34	0:56:15	141	11	5:37
136	478	Michael	Daynes	2:45:13	40-44	31	Male	124	0:29:23	110	22	19:35	0:01:38	274	57	1:15:37	175	48	31.7	0:01:15	231	46	0:27:45	149	33	5:33	0:57:18	164	38	5:43
137	554	Kim	Nicolson	2:45:36	40-44	3	Female	13	0:32:17	232	6	21:31	0:01:07	125	4	1:12:55	118	1	32.9	0:01:28	304	9	0:28:13	167	6	5:38	0:57:46	174	7	5:46
138	241	Kane	Bennett	2:45:54	30-34	18	Male	125	0:28:12	73	8	18:48	0:01:16	162	16	1:16:38	199	26	31.3	0:00:49	91	10	0:30:06	239	28	6:01	0:58:57	191	23	5:53
139	694	Paride	Della Rosa	2:45:59	35-39	32	Male	126	0:33:03	261	61	22:02	0:01:57	366	76	1:12:11	103	26	33.2	0:01:37	351	74	0:29:05	198	41	5:49	0:57:08	160	28	5:42
140	408	Trevor	Clark	2:46:03	40-44	32	Male	127	0:29:33	127	27	19:42	0:01:11	144	27	1:13:02	121	31	32.9	0:01:21	263	54	0:29:52	229	53	5:58	1:00:54	221	50	6:05
141	983	Team	KFK Racing	2:46:05	Team	13	Male	128	0:33:36	278	20	22:24	0:00:44	39	23	1:17:57	223	16	30.8	0:00:25	3	3	0:25:45	80	12	5:09	0:53:20	94	12	5:20
142	636	Mika	Kume	2:46:13	45+	3	Female	14	0:34:15	315	5	22:50	0:01:40	286	7	1:17:54	220	4	30.8	0:01:25	291	6	0:25:10	66	1	5:02	0:50:57	60	1	5:05
143	977	Team	The Ones!	2:46:15	Team	14	Male	129	0:25:45	24	6	17:10	0:01:05	120	31	1:11:53	97	10	33.4	0:00:27	7	5	0:33:01	334	25	6:36	1:07:04	327	25	6:42
144	649	Joseph	Gordhamer	2:46:16	30-34	19	Male	130	0:32:56	257	34	21:57	0:02:03	395	46	1:15:37	174	24	31.7	0:02:15	476	56	0:24:52	59	6	4:58	0:53:23	98	12	5:20
145	279	Ruesche	Frederic	2:46:23	35-39	33	Male	131	0:32:54	255	60	21:56	0:01:38	275	55	1:13:26	126	33	32.7	0:01:33	334	67	0:28:40	184	37	5:44	0:56:50	154	27	5:41
146	617	Phillip	Lynch	2:46:35	45-49	12	Male	132	0:30:00	144	11	20:00	0:01:36	267	18	1:16:57	204	18	31.2	0:01:11	206	17	0:27:48	151	13	5:33	0:56:49	152	12	5:40
147	616	Christopher Mc Garr	Gammons	2:46:49	40-44	33	Male	133	0:31:25	199	41	20:57	0:02:24	454	95	1:14:04	141	39	32.4	0:02:02	445	98	0:28:03	162	38	5:36	0:56:52	155	36	5:41
148	221	Franciscus	Delnoij	2:47:08	45-49	13	Male	134	0:31:30	203	15	21:00	0:01:55	362	25	1:15:11	164	14	31.9	0:00:56	117	6	0:27:10	130	9	5:26	0:57:34	172	15	5:45
149	453	Jason	Humphries	2:47:16	35-39	34	Male	135	0:35:10	342	83	23:26	0:01:21	189	37	1:16:10	182	45	31.5	0:01:03	171	32	0:25:56	88	15	5:11	0:53:31	104	17	5:21
150	696	Desmond	Carbery	2:47:19	40-44	34	Male	136	0:32:13	227	49	21:28	0:02:36	481	103	1:17:55	221	59	30.8	0:01:34	339	70	0:25:12	68	18	5:02	0:53:00	88	21	5:18
151	135	Arnt	Bayer	2:47:28	35-39	35	Male	137	0:27:24	57	18	18:16	0:01:09	135	27	1:12:44	115	29	33	0:01:11	209	37	0:30:07	241	49	6:01	1:04:57	300	61	6:29
152	601	Lemin	Liang	2:47:34	18-24	4	Male	138	0:29:23	111	4	19:35	0:00:37	13	1	1:13:56	140	6	32.5	0:00:34	25	1	0:22:27	15	1	4:29	1:03:03	259	4	6:18
153	349	Todd	Steele	2:47:48	35-39	36	Male	139	0:28:37	83	24	19:04	0:00:56	81	14	1:19:11	254	60	30.3	0:00:49	86	10	0:28:27	174	34	5:41	0:58:13	184	34	5:49
154	635	Thomas	Treadwell	2:47:54	30-34	20	Male	140	0:32:27	239	30	21:38	0:01:28	220	25	1:14:42	152	19	32.1	0:01:07	185	21	0:28:01	161	21	5:36	0:58:09	181	22	5:48
155	493	David	Chambers	2:48:05	40-44	35	Male	141	0:33:39	282	57	22:26	0:01:35	264	56	1:13:49	139	38	32.5	0:01:09	195	38	0:28:27	175	42	5:41	0:57:50	176	41	5:47
156	159	Craig	Ross	2:48:13	45-49	14	Male	142	0:34:54	335	24	23:15	0:01:24	200	12	1:19:52	271	22	30	0:01:32	327	23	0:24:30	52	3	4:54	0:50:29	54	3	5:02
157	290	Hendrik	Liebenberg	2:48:14	35-39	37	Male	143	0:29:21	107	33	19:34	0:01:18	173	33	1:13:48	137	35	32.5	0:00:59	142	28	0:31:04	271	56	6:12	1:02:46	253	50	6:16
158	602	Alwyn	Pang	2:48:20	40-44	36	Male	144	0:29:45	136	28	19:50	0:01:18	174	38	1:16:27	191	53	31.4	0:00:53	105	20	0:29:11	202	46	5:50	0:59:55	209	45	5:59
159	541	Tee Ann	Tan	2:48:26	25-29	14	Male	145	0:30:51	179	18	20:34	0:01:04	113	10	1:17:58	225	18	30.8	0:01:16	239	17	0:28:43	187	13	5:44	0:57:16	162	12	5:43
160	652	Kian Peng Adrian	Lim	2:48:34	30-34	21	Male	146	0:35:54	381	48	23:56	0:01:45	316	39	1:15:02	163	21	32	0:01:14	223	28	0:27:29	145	19	5:29	0:54:36	119	17	5:27
161	495	David	Pohly	2:48:45	45-49	15	Male	147	0:30:26	163	14	20:17	0:01:02	106	6	1:19:02	248	21	30.4	0:00:44	66	2	0:28:33	181	15	5:42	0:57:29	170	14	5:44
162	519	Stephen	Fitzpatrick	2:48:46	40-44	37	Male	148	0:33:55	300	64	22:37	0:01:10	138	25	1:14:18	145	41	32.3	0:01:44	379	80	0:28:05	164	39	5:37	0:57:37	173	40	5:45
163	354	Cameron	Bryant	2:48:48	35-39	38	Male	149	0:29:12	97	29	19:28	0:01:30	232	48	1:19:42	265	66	30.1	0:01:02	161	30	0:25:40	78	13	5:08	0:57:19	166	30	5:43
164	246	Alex	Monck	2:48:50	30-34	22	Male	150	0:32:01	218	27	21:20	0:01:58	373	44	1:14:50	155	20	32.1	0:00:58	133	13	0:28:04	163	22	5:36	0:59:01	194	24	5:54
165	469	Martin	Henz	2:48:53	40-44	38	Male	151	0:29:24	112	23	19:36	0:01:10	141	26	1:16:19	184	50	31.4	0:01:51	410	88	0:27:05	124	29	5:25	1:00:07	212	46	6:00
166	710	Steffen	Wolf	2:49:06	40-44	39	Male	152	0:32:05	224	48	21:23	0:01:29	228	47	1:12:18	106	27	33.2	0:01:29	308	66	0:29:14	205	47	5:50	1:01:43	235	52	6:10
167	312	Byron	Rienstra	2:49:08	35-39	39	Male	153	0:29:17	102	31	19:31	0:01:41	292	58	1:14:56	161	41	32	0:00:54	106	17	0:31:31	286	64	6:18	1:02:18	242	47	6:13
168	466	Adrian	Johnston	2:49:14	35-39	40	Male	154	0:27:14	51	16	18:09	0:01:04	116	23	1:20:30	291	74	29.8	0:01:17	243	44	0:28:28	176	35	5:41	0:59:07	197	38	5:54
169	305	Andrew	Kwong	2:49:16	30-34	23	Male	155	0:28:29	80	11	18:59	0:02:13	429	53	1:16:53	202	27	31.2	0:02:11	465	55	0:29:10	201	25	5:50	0:59:28	202	25	5:56
170	376	Jonathon	Cocks	2:49:21	35-39	41	Male	156	0:30:23	160	42	20:15	0:00:52	65	10	1:14:44	153	37	32.1	0:00:49	93	13	0:30:43	259	53	6:08	1:02:31	247	48	6:15
171	111	Anne	Rozenauers	2:49:23	35-39	6	Female	15	0:30:21	157	5	20:14	0:00:56	85	3	1:17:44	216	6	30.9	0:00:55	110	6	0:29:06	199	10	5:49	0:59:25	201	11	5:56
172	231	Sante	Scartozzi	2:49:30	40-44	40	Male	157	0:37:03	4																				

**Bintan Triathlon 2009**  
Olympic Distance Triathlon - Overall



Nirwana Gardens, Bintan Island, Indonesia - 23 May 2009

Pos	Participant			Total Time	Category		Gender		Swim				T1				Cycle				T2				Run					
	Race No	First Name	Last Name		Cat.	C.Pos	Gen.	G.Pos	Time	O.Pos	C.Pos	min/km	Time	O.Pos	C.Pos	Time	O.Pos	C.Pos	km/h	Time	O.Pos	C.Pos	5km Time	O.Pos	C.Pos	min /km	10km Time	O.Pos	C.Pos	min /km
193	304	Cyrille	Gosse	2:51:46	35-39	44	Male	173	0:35:48	376	90	23:52	0:01:48	335	66	1:14:54	160	40	32	0:01:03	162	31	0:29:17	208	43	5:51	0:58:11	182	32	5:49
194	717	Lachlan	Mckelvie	2:51:56	35-39	45	Male	174	0:35:55	382	92	23:56	0:01:09	131	26	1:13:21	125	32	32.7	0:01:23	282	56	0:29:01	195	40	5:48	1:00:06	211	41	6:00
195	463	Richard	Bamber	2:52:06	40-44	46	Male	175	0:31:06	187	38	20:44	0:01:32	246	54	1:16:23	187	51	31.4	0:00:50	96	17	0:29:48	225	50	5:57	1:02:13	241	53	6:13
196	997	Team	Clark	2:52:08	Team	17	Male	176	0:25:36	21	3	17:04	0:00:35	11	7	1:16:26	190	13	31.4	0:00:32	19	14	0:33:06	337	27	6:37	1:08:57	361	28	6:53
197	532	Grace	Wong	2:52:37	30-34	4	Female	21	0:26:51	42	1	17:54	0:01:22	192	5	1:29:50	431	15	26.7	0:01:32	323	13	0:27:26	142	5	5:29	0:53:00	89	2	5:18
198	348	Teresa Yvonne	Ellis	2:52:40	45+	5	Female	22	0:29:22	109	1	19:35	0:01:11	146	3	1:16:44	201	3	31.3	0:01:19	248	5	0:32:01	308	6	6:24	1:04:02	283	6	6:24
199	332	Steven	Hunter	2:52:43	30-34	27	Male	177	0:31:20	197	24	20:53	0:01:07	127	11	1:18:20	233	30	30.6	0:01:23	280	35	0:31:47	300	35	6:21	1:00:31	216	27	6:03
200	313	Joanna	Morris	2:52:50	30-34	5	Female	23	0:32:16	231	12	21:30	0:01:09	134	4	1:22:42	335	7	29	0:00:55	109	4	0:27:34	147	6	5:30	0:55:47	133	5	5:34
201	132	Warren	Sperry	2:52:57	45-49	18	Male	178	0:30:25	162	13	20:17	0:01:10	137	10	1:13:40	134	12	32.6	0:01:03	168	11	0:32:21	318	23	6:28	1:06:37	317	23	6:39
202	715	Neil	Thomas	2:53:03	40-44	47	Male	179	0:33:40	283	58	22:27	0:02:47	498	105	1:19:53	272	74	30	0:01:23	277	59	0:27:15	133	31	5:27	0:55:18	127	29	5:31
203	416	Michele	Swatton	2:53:06	40-44	6	Female	24	0:31:38	209	5	21:05	0:01:33	252	8	1:20:26	289	6	29.8	0:01:34	340	12	0:28:21	171	7	5:40	0:57:53	177	8	5:47
204	420	Paul	Absalom	2:53:07	35-39	46	Male	180	0:33:50	293	73	22:33	0:02:21	447	95	1:15:13	166	42	31.9	0:01:30	312	61	0:28:17	168	32	5:39	1:00:11	213	42	6:01
205	968	Team	Triing Hard	2:53:14	Team	18	Male	181	0:30:38	167	15	20:25	0:00:42	28	19	1:21:06	303	19	29.6	0:01:30	313	30	0:29:12	203	15	5:50	0:59:16	198	15	5:55
206	266	Iain	Miller	2:53:23	35-39	47	Male	182	0:31:26	200	48	20:57	0:01:54	357	74	1:19:50	270	68	30.1	0:00:52	99	15	0:28:41	185	38	5:44	0:59:19	199	39	5:55
207	699	Samuel	Peterson	2:53:25	45-49	19	Male	183	0:28:55	89	7	19:17	0:01:54	356	24	1:10:58	79	8	33.8	0:01:42	365	27	0:34:14	371	28	6:50	1:09:54	375	27	6:59
208	653	Simon	Davis	2:53:30	30-34	28	Male	184	0:33:37	280	39	22:25	0:02:00	381	45	1:21:51	320	45	29.3	0:01:37	350	41	0:26:49	116	15	5:21	0:54:24	115	15	5:26
209	306	Daniel	Geary	2:53:45	40-44	48	Male	185	0:26:50	41	7	17:53	0:01:32	241	52	1:16:39	200	56	31.3	0:01:31	318	67	0:32:09	311	69	6:25	1:07:11	332	72	6:43
210	252	Andrew	Robertson	2:53:49	45-49	20	Male	186	0:34:49	332	23	23:12	0:01:28	219	15	1:15:12	165	15	31.9	0:01:15	233	19	0:31:04	270	18	6:12	1:01:03	225	16	6:06
211	169	Paul	Alton	2:53:51	50+	7	Male	187	0:31:00	184	6	20:40	0:01:47	329	10	1:17:39	215	7	30.9	0:01:03	166	6	0:30:06	240	9	6:01	1:02:19	243	9	6:13
212	284	Ng	Boon Hwee Nelson	2:53:55	40-44	49	Male	188	0:39:48	465	98	23:32	0:01:13	151	29	1:18:12	230	60	30.7	0:01:17	242	49	0:26:39	108	25	5:19	0:53:22	96	23	5:20
213	620	Bennet	Pember	2:54:02	25-29	15	Male	189	0:29:28	118	13	19:39	0:01:20	185	12	1:19:58	274	20	30	0:01:04	172	11	0:31:02	267	19	6:12	1:02:11	240	18	6:13
214	633	Antony Keith	Russell	2:54:02	40-44	50	Male	190	0:39:09	458	95	2:06	0:01:47	333	68	1:12:10	102	25	33.3	0:01:49	404	85	0:28:50	190	45	5:46	0:59:04	195	43	5:54
215	344	Justin	Hotton	2:54:06	35-39	48	Male	191	0:31:48	211	52	21:12	0:01:53	353	73	1:17:26	209	52	31	0:01:20	255	48	0:30:00	234	47	6:00	1:01:39	234	46	6:09
216	164	Laurus	Meulenberg	2:54:09	40-44	51	Male	192	0:31:50	212	44	21:13	0:01:39	281	59	1:15:47	179	49	31.7	0:01:32	328	69	0:30:23	246	57	6:04	1:03:20	269	56	6:20
217	245	Gerald	See	2:54:10	35-39	49	Male	193	0:28:08	70	23	18:45	0:01:39	282	57	1:12:52	117	30	32.9	0:02:05	456	96	0:35:27	411	86	7:05	1:09:24	365	75	6:56
218	984	Team	Tri To Be ...	2:54:15	Team	19	Male	194	0:31:31	204	16	21:01	0:00:41	22	15	1:20:21	284	18	29.9	0:00:38	46	23	0:30:01	235	18	6:00	1:01:03	224	17	6:06
219	518	Craig	Weik	2:54:26	30-34	29	Male	195	0:30:21	156	17	20:14	0:02:06	408	48	1:18:07	227	28	30.7	0:02:01	441	52	0:30:27	248	29	6:05	1:01:49	236	29	6:10
220	341	Alice Patricia	Lloyd	2:54:52	18-29	2	Female	25	0:29:11	94	2	19:27	0:01:59	380	18	1:28:04	409	9	27.3	0:02:11	467	23	0:26:40	110	5	5:20	0:53:24	99	3	5:20
221	543	Owain	Rowat	2:54:54	25-29	16	Male	196	0:29:53	142	14	19:55	0:02:32	470	31	1:20:56	299	21	29.6	0:02:57	511	35	0:26:47	113	10	5:21	0:58:34	186	14	5:51
222	497	Nicholas	Huffels	2:54:58	35-39	50	Male	197	0:24:17	10	2	16:11	0:02:34	477	102	1:22:37	334	82	29	0:01:20	258	49	0:30:57	264	54	6:11	1:04:07	285	58	6:24
223	571	Maehiko	Sanagi	2:55:04	40-44	7	Female	26	0:38:06	443	12	1:24	0:01:16	163	6	1:19:39	263	5	30.1	0:00:57	127	2	0:27:33	146	4	5:30	0:55:03	124	5	5:30
224	123	Tan	Kim Kiang	2:55:22	35-39	51	Male	198	0:35:32	367	87	23:41	0:01:18	176	34	1:16:57	203	50	31.2	0:00:56	121	23	0:29:30	217	45	5:54	1:00:36	217	44	6:03
225	448	Dean	Stockwell	2:55:24	35-39	52	Male	199	0:26:57	47	15	17:58	0:01:45	314	62	1:20:03	277	70	30	0:01:30	314	62	0:29:52	230	46	5:58	1:05:07	302	62	6:30
226	700	Philip	Wallace	2:55:28	35-39	53	Male	200	0:27:45	64	19	18:30	0:01:03	111	21	1:19:10	253	59	30.3	0:01:39	358	76	0:32:08	310	67	6:25	1:05:49	310	63	6:34
227	473	Simeon	Cook	2:55:29	35-39	54	Male	201	0:26:35	35	9	17:43	0:01:30	229	47	1:14:50	156	38	32.1	0:01:38	356	75	0:33:16	341	71	6:39	1:10:54	391	79	7:05
228	205	Sharyn	Edwards	2:55:32	35-39	8	Female	27	0:31:59	217	9	21:19	0:01:01	101	4	1:18:02	226	7	30.8	0:00:53	104	5	0:29:19	210	12	5:51	1:03:36	273	16	6:21
229	558	John	Sullivan	2:55:44	45-49	21	Male	202	0:39:40	461	35	2:27	0:01:44	306	20	1:15:23	171	16	31.8	0:02:12	468	32	0:28:24	173	14	5:40	0:56:43	151	11	5:40
230	637	Anthony	Bowyer	2:55:50	35-39	55	Male	203	0:28:50	88	25	19:13	0:01:56	365	75	1:16:02	181	44	31.6	0:01:46	383	81	0:33:22	346	72	6:40	1:07:15	339	69	6:43
231	247	Mai Chi	Tran	2:55:53	30-34	6	Female	28	0:32:18	233	13	21:32	0:01:06	124	3	1:24:47	367	10	28.3	0:01:00	146	5	0:27:53	157	7	5:34	0:56:41	150	7	5:40
232	356	Timothy	Dillon	2:56:03	30-34	30	Male	204	0:30:50	177	19	20:33	0:01:25	207	23	1:12:48	116	14	33	0:01:05	177	19	0:34:04	364	41	6:48	1:09:53	374	41	6:59
233	140	Giles	Tremayne	2:56:12	30-34	31	Male	205	0:30:18	154	16	20:12	0:02:28	461	57	1:18:51	244	32	30.4	0:02:27	491	57	0:30:42	257	30	6:08	1:02:07	238	31	6:12
234	594	Jun Yang	Wee	2:56:15	18-24	6	Male	206	0:30:37	165	6	20:24	0:01:42	295	7	1:13:43	135	5	32.6	0:02:43	506	11	0:39:07	483	9	7:49	1:07:29	341	6	6:44
235	555	Reuben	Soh	2:56:24	25-29	17	Male	207	0:35:27	361	27	23:38	0:02:19	442	30	1:14:13	144	12	32.3	0:00:55	108	7	0:32:27	320	23	6:29	1:03:28	271	21	6:20
236	590	Ben	Munroe	2:56:29	35-39	56	Male	208	0:31:56																					

**Bintan Triathlon 2009**  
Olympic Distance Triathlon - Overall



Nirwana Gardens, Bintan Island, Indonesia - 23 May 2009

Pos	Participant			Total Time	Category		Gender		Swim			T1			Cycle			T2			Run									
	Race No	First Name	Last Name		Cat.	C.Pos	Gen.	G.Pos	Time	O.Pos	C.Pos	min/km	Time	O.Pos	C.Pos	Time	O.Pos	C.Pos	km/h	Time	O.Pos	C.Pos	5km Time	O.Pos	C.Pos	min /km	10km Time	O.Pos	C.Pos	min /km
257	531	Paul	Tynan	2:59:10	40-44	56	Male	221	0:34:37	325	70	23:05	0:02:12	426	90	1:18:32	235	63	30.6	0:01:16	235	47	0:30:29	250	58	6:05	1:02:32	248	54	6:15
258	632	Hock Leong	Quek	2:59:11	25-29	19	Male	222	0:35:50	378	28	23:53	0:01:36	266	20	1:22:04	326	24	29.2	0:02:17	479	33	0:28:32	180	12	5:42	0:57:23	167	13	5:44
259	154	Richard	Schroeter	2:59:17	40-44	57	Male	223	0:32:15	229	50	21:30	0:02:03	391	81	1:13:27	128	34	32.7	0:01:12	211	40	0:36:39	435	99	7:19	1:10:19	380	82	7:01
260	990	Team	Lions	2:59:26	Team	20	Male	224	0:34:52	334	22	23:14	0:00:38	17	11	1:27:47	406	21	27.3	0:00:35	31	20	0:27:26	143	14	5:19	0:55:33	131	13	5:33
261	194	Simon	Street	2:59:30	25-29	20	Male	225	0:30:27	164	16	20:18	0:01:37	270	21	1:21:47	317	23	29.3	0:01:14	222	16	0:31:45	297	22	6:21	1:04:23	290	23	6:26
262	979	Team	Sea Horse	2:59:43	Team	21	Male	226	0:35:07	339	23	23:24	0:00:34	9	6	1:35:55	476	28	25	0:00:27	9	7	0:23:09	25	6	4:37	0:47:37	29	5	4:45
263	347	Nicholas	Samurkas	2:59:44	40-44	58	Male	227	0:36:05	388	76	0:03	0:01:14	152	30	1:17:14	208	57	31.1	0:01:25	288	60	0:29:51	226	51	5:58	1:03:44	276	60	6:22
264	685	Pauline Mary	Yong	2:59:46	45+	6	Female	37	0:34:21	317	7	22:54	0:01:17	168	4	1:21:36	310	6	29.4	0:01:11	204	4	0:30:38	254	5	6:07	1:01:20	232	5	6:08
265	661	Henry	Sim	2:59:48	40-44	59	Male	228	0:40:03	472	103	2:42	0:02:02	388	78	1:16:33	196	55	31.4	0:01:39	360	75	0:30:09	243	55	6:01	0:59:30	203	44	5:57
266	419	Rebecca	Kynaston	2:59:57	35-39	13	Female	38	0:30:41	168	8	20:27	0:01:24	205	11	1:21:01	301	10	29.6	0:01:46	391	21	0:35:23	409	25	7:04	1:05:03	301	20	6:30
267	278	Wee	Peng Choon	3:00:00	40-44	60	Male	229	0:39:21	459	96	2:14	0:02:47	332	67	1:19:44	266	72	30.1	0:01:42	370	77	0:29:26	215	48	5:53	0:57:25	169	39	5:44
268	695	James	Isbell	3:00:03	35-39	62	Male	230	0:29:01	91	27	19:21	0:02:21	448	96	1:16:21	186	46	31.4	0:01:33	337	70	0:34:21	376	80	6:52	1:10:44	388	78	7:04
269	423	Kirsten	Koh	3:00:07	18-29	4	Female	39	0:36:43	403	15	0:29	0:01:46	324	14	1:22:45	336	4	29	0:01:19	253	8	0:29:22	213	7	5:52	0:57:31	171	6	5:45
270	503	S83401861	Tan Hui Rong	3:00:13	25-29	21	Male	231	0:38:45	451	33	1:50	0:01:56	363	27	1:18:09	229	19	30.7	0:01:29	311	25	0:29:44	222	16	5:56	0:59:51	206	17	5:59
271	360	Masami	Noro	3:00:27	35-39	14	Female	40	0:32:01	219	10	21:20	0:01:21	191	9	1:21:11	304	11	29.6	0:01:24	284	17	0:33:22	348	22	6:40	1:04:28	292	18	6:26
272	524	Scott	Barnett	3:00:34	35-39	63	Male	232	0:24:49	17	4	16:33	0:01:18	170	31	1:20:25	288	73	29.8	0:01:41	361	77	0:34:36	381	81	6:55	1:12:19	420	85	7:13
273	485	Harold Anthony	Nafta	3:00:40	50+	8	Male	233	0:33:58	302	9	22:38	0:02:37	484	13	1:23:08	342	10	28.9	0:02:01	440	12	0:28:48	189	7	5:45	0:58:54	190	7	5:53
274	659	Tristan	Hockley	3:01:19	25-29	22	Male	234	0:34:42	326	26	23:08	0:02:33	476	33	1:17:51	218	17	30.8	0:02:05	455	32	0:33:26	349	24	6:41	1:04:05	284	22	6:24
275	238	Richard	Nicholas	3:01:24	40-44	61	Male	235	0:33:47	289	61	22:31	0:01:14	154	31	1:15:22	169	45	31.8	0:01:14	224	43	0:35:14	403	89	7:02	1:09:44	370	80	6:58
276	458	Juliana	Mok	3:01:26	18-29	5	Female	41	0:34:05	309	7	22:43	0:01:33	248	8	1:21:59	324	3	29.3	0:01:21	264	9	0:32:01	309	9	6:24	1:02:27	246	9	6:14
277	114	Gavin	Maclaren	3:01:35	35-39	64	Male	236	0:26:52	44	13	17:54	0:02:03	394	86	1:24:02	356	90	28.6	0:01:22	269	53	0:31:28	282	62	6:17	1:07:15	338	68	6:43
278	116	Peter Erwin	Schmidt	3:01:45	35-39	65	Male	237	0:32:38	247	58	21:45	0:04:04	527	111	1:22:20	329	80	29.1	0:01:52	415	86	0:28:29	177	36	5:41	1:00:48	219	45	6:04
279	285	Alexander	Ballard	3:02:00	30-34	34	Male	238	0:34:10	313	42	22:47	0:01:37	271	34	1:20:24	287	39	29.8	0:01:07	186	22	0:31:42	294	34	6:20	1:04:40	295	35	6:28
280	494	Trent	Tighe	3:02:04	30-34	35	Male	239	0:29:41	135	14	19:47	0:01:32	247	28	1:18:08	228	29	30.7	0:01:07	188	23	0:37:26	457	50	7:29	1:11:34	406	48	7:09
281	467	Alexander	Bell	3:02:10	40-44	62	Male	240	0:27:26	58	13	18:17	0:01:52	352	72	1:19:02	246	66	30.4	0:02:02	443	97	0:34:37	382	83	6:55	1:11:46	410	90	7:10
282	122	Leo	Kai Loon	3:02:12	30-34	36	Male	241	0:33:27	269	37	22:18	0:01:04	114	9	1:19:56	273	37	30	0:01:30	315	37	0:32:00	307	38	6:24	1:06:13	312	36	6:37
283	425	Justin	Sage	3:02:15	30-34	37	Male	242	0:27:43	62	6	18:28	0:01:57	367	43	1:19:30	261	34	30.2	0:01:51	411	47	0:35:54	417	47	7:10	1:11:12	395	44	7:07
284	687	Pierre Rene Claude	Nollet	3:02:28	30-34	38	Male	243	0:35:21	355	45	23:34	0:01:45	313	38	1:20:35	293	40	29.8	0:01:16	241	31	0:29:52	231	27	5:58	1:03:29	272	33	6:20
285	572	Lisa	Clayton	3:02:29	18-29	6	Female	42	0:29:33	128	4	19:42	0:01:56	364	17	1:32:21	456	13	26	0:00:48	85	4	0:29:16	206	6	5:51	0:57:49	175	7	5:46
286	293	Paul	Hughes	3:02:35	40-44	63	Male	244	0:35:15	348	73	23:30	0:02:10	419	88	1:19:45	268	73	30.1	0:01:23	275	58	0:31:37	289	65	6:19	1:04:02	282	63	6:24
287	671	Adrian Donald John	Baber	3:02:53	35-39	66	Male	245	0:35:08	340	82	23:25	0:01:28	218	45	1:15:39	177	43	31.7	0:01:12	213	38	0:27:16	134	27	5:27	1:09:23	364	74	6:56
288	127	Colin	Alexander	3:02:56	50+	9	Male	246	0:35:21	353	11	23:34	0:01:41	289	9	1:23:19	345	11	28.8	0:01:29	307	9	0:29:01	194	8	5:48	1:01:05	227	8	6:06
289	187	Victoria	Allen	3:03:16	40-44	9	Female	43	0:31:33	205	4	21:02	0:02:09	413	12	1:20:37	295	7	29.8	0:00:58	128	3	0:34:03	363	12	6:48	1:07:58	351	12	6:47
290	206	Britt	Kneebone	3:03:17	30-34	9	Female	44	0:30:48	174	8	20:32	0:01:46	319	13	1:21:57	323	6	29.3	0:01:06	182	6	0:33:42	353	18	6:44	1:07:37	345	19	6:45
291	196	Pablo	Belgeri	3:03:18	35-39	67	Male	247	0:31:14	192	45	20:49	0:01:21	190	38	1:19:34	322	65	30.2	0:01:10	200	35	0:32:39	325	69	6:31	1:09:56	376	76	6:59
292	441	Richard Ronald	Robison	3:03:18	40-44	64	Male	248	0:30:59	183	36	20:39	0:03:21	519	113	1:21:59	265	84	29.3	0:02:01	442	96	0:32:41	327	74	6:32	1:04:56	299	65	6:29
293	166	Robert	Linscott	3:03:22	40-44	65	Male	249	0:34:22	318	67	22:55	0:01:52	349	71	1:12:20	107	28	33.2	0:02:30	493	106	0:36:07	422	95	7:13	1:12:16	418	92	7:13
294	108	Michael	Berger	3:03:28	40-44	66	Male	250	0:42:09	499	109	4:05	0:01:55	361	75	1:20:04	278	75	30	0:01:13	218	42	0:28:43	186	44	5:44	0:58:06	179	42	5:48
295	650	Greg	Russell	3:03:42	40-44	67	Male	251	0:33:50	292	62	22:33	0:02:00	384	77	1:14:45	154	43	32.1	0:02:41	504	108	0:33:06	338	75	6:37	1:10:24	381	83	7:02
296	624	Benjamin	Goi	3:03:57	30-34	39	Male	252	0:29:32	124	13	19:41	0:01:22	193	21	1:19:44	267	36	30.1	0:02:03	452	53	0:36:00	419	48	7:12	1:11:15	397	45	7:07
297	321	David	Szu	3:04:14	25-29	23	Male	253	0:40:23	478	34	2:55	0:02:10	421	28	1:15:23	170	13	31.8	0:01:22	273	19	0:30:35	252	18	6:07	1:04:55	298	24	6:29
298	374	Thomas	Foster	3:04:19	25-29	24	Male	254	0:32:35	244	21	21:43	0:01:01	103	9	1:23:03	341	25	28.9	0:01:26	295	23	0:33:54	360	26	6:46	1:06:12	311	25	6:37
299	446	Ashley	Osborne	3:04:29	30-34	40	Male	255	0:32:55	256	33	21:57	0:01:29	225	26	1:21:01	300	42	29.6	0:01:15	232	29	0:31:52	303	36	6:22	1:07:47	348	39	6:46
300	217	Christopher	Roe	3:04:31																										

**Bintan Triathlon 2009**  
Olympic Distance Triathlon - Overall



Nirwana Gardens, Bintan Island, Indonesia - 23 May 2009

Pos	Participant			Total Time	Category		Gender		Swim				T1				Cycle				T2				Run					
	Race No	First Name	Last Name		Cat.	C.Pos	Gen.	G.Pos	Time	O.Pos	C.Pos	min/km	Time	O.Pos	C.Pos	Time	O.Pos	C.Pos	km/h	Time	O.Pos	C.Pos	5km Time	O.Pos	C.Pos	min /km	10km Time	O.Pos	C.Pos	min /km
321	498	Douglas	Halkett	3:06:28	45-49	23	Male	274	0:35:28	364	28	23:38	0:02:21	443	32	1:23:26	347	28	28.8	0:01:10	197	16	0:32:32	322	24	6:30	1:04:01	281	20	6:24
322	989	Team	40's Awsome	3:06:30	Team	22	Male	275	0:29:53	141	14	19:55	0:00:43	32	20	1:32:40	460	24	25.9	0:00:40	54	26	0:30:02	237	19	6:00	1:02:32	249	20	6:15
323	596	Angel	Machado	3:06:42	30-34	42	Male	276	0:29:49	139	15	19:52	0:01:41	291	37	1:18:44	240	31	30.5	0:01:53	417	48	0:35:04	401	44	7:00	1:14:34	449	52	7:27
324	563	Raymond	Borromeo	3:06:43	35-39	69	Male	277	0:33:31	272	67	22:21	0:01:46	323	64	1:19:24	257	62	30.2	0:01:32	325	65	0:33:40	352	75	6:44	1:10:28	383	77	7:02
325	432	Thomas	Hill	3:06:45	35-39	70	Male	278	0:38:42	448	103	1:48	0:08:33	533	113	1:23:55	353	89	28.6	0:01:06	179	34	0:25:55	86	14	5:11	0:54:28	116	20	5:26
326	167	Nicholas	Froude	3:06:47	30-34	43	Male	279	0:32:25	237	29	21:36	0:01:08	129	12	1:20:52	298	41	29.7	0:01:00	145	15	0:35:17	404	45	7:03	1:11:20	399	46	7:07
327	223	Derek	Too	3:07:04	30-34	44	Male	280	0:33:00	260	35	22:00	0:01:17	164	17	1:19:40	264	35	30.1	0:01:38	355	42	0:31:59	306	37	6:23	1:11:26	404	47	7:08
328	337	Collin	Leong	3:07:04	35-39	71	Male	281	0:36:45	406	98	0:30	0:01:19	177	35	1:23:31	350	86	28.7	0:01:33	336	69	0:30:09	242	50	6:01	1:03:54	280	57	6:23
329	191	David	Maclean	3:07:12	35-39	72	Male	282	0:35:28	362	86	23:38	0:01:04	115	22	1:21:51	321	79	29.3	0:00:48	84	9	0:33:22	347	73	6:40	1:07:59	352	71	6:47
330	583	Matthew	Burgess	3:07:19	35-39	73	Male	283	0:29:28	116	34	19:38	0:02:27	459	99	1:27:06	400	100	27.6	0:01:37	348	72	0:31:09	274	58	6:13	1:06:41	318	64	6:40
331	236	Seek Yuen	Leong	3:07:21	18-29	8	Female	48	0:35:01	337	8	23:20	0:01:52	351	15	1:21:45	315	2	29.4	0:01:38	352	14	0:36:46	441	17	7:21	1:07:03	326	13	6:42
332	150	Stephen	Adams	3:07:31	35-39	74	Male	284	0:31:33	206	49	21:02	0:01:24	203	40	1:19:58	275	69	30	0:01:59	434	89	0:35:50	416	87	7:10	1:12:35	424	86	7:15
333	966	Team	Fats Boyz Slim	3:07:32	Team	23	Male	285	0:37:17	429	25	0:51	0:00:34	8	5	1:21:46	316	20	29.3	0:00:39	47	24	0:32:11	314	23	6:26	1:07:14	336	26	6:43
334	619	Wee Jin	Loy	3:07:34	40-44	78	Male	286	0:41:21	484	105	3:34	0:02:05	401	84	1:25:57	382	96	27.9	0:01:50	405	86	0:27:08	128	30	5:25	0:56:19	142	34	5:37
335	557	Bernard	Maughan	3:07:53	40-44	79	Male	287	0:31:09	189	40	20:46	0:01:17	166	36	1:20:22	285	78	29.9	0:03:26	523	112	0:35:23	408	90	7:04	1:11:38	407	89	7:09
336	371	Dean	Lockhart	3:07:54	40-44	80	Male	288	0:29:31	121	24	19:40	0:00:51	62	7	1:24:07	357	90	28.5	0:02:13	473	103	0:35:56	418	93	7:11	1:11:11	394	87	7:07
337	537	Nicole	Nufer	3:08:04	40-44	10	Female	49	0:35:35	368	8	23:43	0:02:30	467	13	1:28:22	414	12	27.2	0:01:42	366	13	0:29:48	224	9	5:57	0:59:54	208	9	5:59
338	331	James	Brodie	3:08:07	35-39	75	Male	289	0:33:07	263	62	22:04	0:01:34	255	53	1:18:21	234	54	30.6	0:01:23	276	55	0:34:11	369	78	6:50	1:13:41	435	89	7:22
339	267	Dave	Wee Yee Wei	3:08:27	35-39	76	Male	290	0:33:30	271	66	22:20	0:02:09	416	89	1:23:49	352	88	28.6	0:01:18	245	45	0:31:50	301	66	6:22	1:07:39	346	70	6:45
340	234	Hyung Joo (Robert)	Kim	3:08:32	35-39	77	Male	291	0:35:51	380	91	23:54	0:01:31	235	49	1:26:34	392	99	27.7	0:01:21	261	51	0:31:29	283	63	6:17	1:03:14	265	54	6:19
341	534	Nomura	Akira	3:08:35	30-34	45	Male	292	0:43:15	509	59	4:50	0:01:54	355	42	1:28:56	422	53	27	0:01:23	279	34	0:26:48	115	14	5:21	0:53:07	90	11	5:18
342	240	Muhammad	Idu	3:08:39	25-29	28	Male	293	0:34:09	312	25	22:46	0:02:35	478	34	1:27:43	405	31	27.4	0:01:02	157	9	0:30:24	247	17	6:04	1:03:08	261	19	6:18
343	521	Krishna	Allavaru	3:09:06	35-39	78	Male	294	0:36:46	407	99	0:31	0:02:00	386	83	1:26:03	383	96	27.9	0:00:56	116	21	0:31:41	293	65	6:20	1:03:17	267	55	6:19
344	539	Naomi	Husain	3:09:30	35-39	15	Female	50	0:37:19	431	20	0:53	0:01:45	312	15	1:28:56	423	17	27	0:01:31	322	19	0:29:03	196	9	5:48	0:59:57	210	12	5:59
345	599	Simon	Andrew	3:09:33	35-39	79	Male	295	0:29:11	96	28	19:27	0:01:59	377	81	1:20:38	296	75	29.8	0:01:49	403	85	0:37:22	456	99	7:28	1:15:55	463	99	7:35
346	677	Adelyn	Cheong	3:09:41	18-29	9	Female	51	0:35:17	351	12	23:31	0:00:47	46	1	1:27:01	398	8	27.6	0:01:04	174	5	0:32:44	329	11	6:32	1:05:31	305	10	6:33
347	508	Yiting Vanessa	Tang	3:09:46	18-29	10	Female	52	0:35:09	341	9	23:26	0:01:38	278	9	1:37:21	483	16	24.7	0:00:34	26	1	0:26:26	106	3	5:17	0:55:02	123	5	5:30
348	352	Craig	Mcturk	3:09:49	40-44	81	Male	296	0:36:16	395	79	0:10	0:02:51	501	107	1:20:35	294	81	29.8	0:03:03	514	110	0:30:53	261	60	6:10	1:07:03	325	71	6:42
349	393	Nicholas	Mace	3:10:07	40-44	82	Male	297	0:31:29	202	42	20:59	0:01:47	330	66	1:17:29	212	58	31	0:01:27	299	63	0:34:40	386	84	6:56	1:17:53	478	101	7:47
350	281	Roe	Jonathan Alan	3:10:23	35-39	80	Male	298	0:30:14	152	38	20:09	0:02:03	393	85	1:21:38	312	77	29.4	0:01:26	293	57	0:35:23	410	85	7:04	1:15:00	456	97	7:30
351	182	Denver	Scott	3:10:38	35-39	81	Male	299	0:39:02	455	105	2:01	0:01:26	210	41	1:19:48	269	67	30.1	0:01:37	349	73	0:31:11	276	59	6:14	1:08:44	358	73	6:52
352	261	Patrick	De Moustier	3:10:40	45-49	24	Male	300	0:35:59	385	30	23:59	0:01:46	320	23	1:21:47	318	24	29.3	0:01:56	426	30	0:33:11	340	25	6:38	1:09:10	362	25	6:55
353	186	Philip	Levinson	3:10:49	45-49	25	Male	301	0:35:17	350	26	23:31	0:02:38	487	36	1:22:12	327	25	29.2	0:01:06	178	12	0:31:39	291	19	6:19	1:09:35	368	26	6:57
354	480	Laura	Watson	3:11:20	35-39	16	Female	53	0:36:55	415	18	0:37	0:02:16	435	25	1:34:22	468	24	25.4	0:00:56	119	8	0:28:12	166	6	5:38	0:56:49	153	7	5:40
355	177	Wen Ping	Cheung	3:11:24	35-39	82	Male	302	0:36:08	390	95	0:05	0:02:47	499	106	1:22:55	338	83	28.9	0:02:21	485	104	0:33:38	351	74	6:43	1:07:11	331	67	6:43
356	353	Israel	Galan	3:11:36	30-34	46	Male	303	0:28:36	82	12	19:04	0:01:29	226	27	1:22:16	328	46	29.2	0:01:08	189	24	0:38:39	481	56	7:43	1:18:05	482	56	7:48
357	507	Benny	Kwon	3:11:37	30-34	47	Male	304	0:39:46	462	56	2:30	0:02:10	417	51	1:20:23	286	38	29.9	0:01:41	362	43	0:34:49	393	43	6:57	1:07:37	344	38	6:45
358	102	Ralph Joerg	Dreher	3:11:52	35-39	83	Male	305	0:33:42	285	71	22:28	0:02:16	436	93	1:23:35	351	87	28.7	0:00:52	103	16	0:34:55	398	82	6:59	1:11:26	403	82	7:08
359	156	Brian	Eisenach	3:11:59	40-44	83	Male	306	0:37:00	417	84	0:40	0:01:53	354	73	1:19:10	252	69	30.3	0:01:28	303	64	0:34:40	387	85	6:56	1:12:26	421	93	7:14
360	369	Andrew	Fang	3:12:01	25-29	29	Male	307	0:30:46	172	17	20:31	0:01:44	307	26	1:21:36	311	22	29.4	0:01:42	363	27	0:38:37	479	32	7:43	1:16:11	467	32	7:37
361	640	Angela	Huang	3:12:13	18-29	11	Female	54	0:41:26	486	20	3:37	0:01:19	183	4	1:35:04	471	15	25.2	0:02:02	446	21	0:25:39	77	1	5:07	0:52:21	77	1	5:14
362	296	Andrew	Gillan	3:12:21	30-34	48	Male	308	0:35:55	383	49	23:57	0:01:19	179	19	1:24:08	358	47	28.5	0:00:49	87	8	0:33:19	344	40	6:39	1:10:07	378	42	7:00
363	106	Michael	Pizel	3:12:27	35-39	84	Male	309	0:33:52	295	74	22:35	0:00:54	74	12	1:22:29	332	81	29.1	0:00:56	112	19	0:36:14	426	89	7:14	1:14:14	446	91	7:25
364	981																													

**Bintan Triathlon 2009**  
Olympic Distance Triathlon - Overall



Nirwana Gardens, Bintan Island, Indonesia - 23 May 2009

Pos	Participant			Total Time	Category		Gender		Swim				T1				Cycle				T2				Run					
	Race No	First Name	Last Name		Cat.	C.Pos	Gen.	G.Pos	Time	O.Pos	C.Pos	min/km	Time	O.Pos	C.Pos	Time	O.Pos	C.Pos	km/h	Time	O.Pos	C.Pos	5km Time	O.Pos	C.Pos	min/km	10km Time	O.Pos	C.Pos	min/km
385	170	Nicola	Buswell	3:15:24	35-39	18	Female	60	0:36:12	392	16	0:08	0:01:49	340	19	1:28:51	420	16	27	0:01:15	228	12	0:33:17	342	21	6:39	1:07:14	337	24	6:43
386	411	Jeffrey	Milne	3:15:29	45-49	26	Male	326	0:35:12	344	25	23:28	0:02:18	441	31	1:18:50	243	20	30.4	0:01:34	338	24	0:36:55	443	33	7:23	1:17:33	476	34	7:45
387	181	Chee-Kit Kitty	Cheung	3:15:43	30-34	13	Female	61	0:29:22	108	3	19:35	0:15:25	536	34	1:03:36	4	1	37.7	0:19:45	532	33	0:33:18	343	17	6:39	1:07:33	342	18	6:45
388	401	Brandon	Blau	3:15:46	35-39	91	Male	327	0:33:53	296	75	22:35	0:02:17	439	94	1:29:36	427	103	26.8	0:02:56	510	108	0:32:40	326	70	6:32	1:07:02	323	65	6:42
389	437	Ian	Bellhouse	3:15:46	40-44	88	Male	328	0:39:58	471	102	2:38	0:02:13	432	92	1:18:35	236	64	30.5	0:01:16	238	48	0:34:04	365	78	6:48	1:13:43	436	97	7:22
390	310	Andrew	Fallon	3:15:49	35-39	92	Male	329	0:31:46	210	51	21:11	0:02:10	420	90	1:25:09	372	93	28.2	0:02:03	450	93	0:36:15	427	90	7:15	1:14:39	450	93	7:27
391	549	Andrew	Loy	3:15:58	40-44	89	Male	330	0:35:58	384	75	23:59	0:02:52	504	108	1:23:58	354	89	28.6	0:02:39	503	107	0:34:29	379	82	6:53	1:10:28	384	84	7:02
392	489	Bastiaan	Van Buuren	3:16:07	35-39	93	Male	331	0:35:14	346	84	23:29	0:02:54	505	108	1:23:29	348	85	28.7	0:03:09	516	110	0:32:35	324	68	6:31	1:11:19	398	80	7:07
393	274	Peter	Antonioni	3:16:16	40-44	90	Male	332	0:47:21	525	113	7:34	0:02:05	402	85	1:21:50	319	83	29.3	0:01:15	230	45	0:30:10	244	56	6:02	1:03:42	274	58	6:22
394	525	Ian	Huggins	3:16:26	45-49	27	Male	333	0:41:00	481	38	3:20	0:02:04	398	29	1:28:25	415	33	27.1	0:01:38	353	26	0:31:51	302	22	6:22	1:03:17	266	18	6:19
395	338	Yuen Lin	Leong	3:16:29	35-39	19	Female	62	0:36:51	410	17	0:34	0:02:11	424	24	1:29:27	426	18	26.8	0:02:31	495	28	0:29:20	211	13	5:52	1:05:29	304	21	6:32
396	128	Orla	Gilmore	3:16:36	30-34	14	Female	63	0:32:18	234	14	21:32	0:10:07	534	33	1:29:46	429	14	26.7	0:01:25	289	11	0:32:44	328	16	6:32	1:02:58	256	13	6:17
397	398	Yasuhito	Imazumi	3:16:46	30-34	50	Male	334	0:33:54	297	41	22:36	0:02:06	407	47	1:29:59	433	54	26.7	0:01:18	244	32	0:35:18	405	46	7:03	1:09:26	366	40	6:56
398	657	Jonathan	Grosvenor	3:16:51	45-49	28	Male	335	0:34:45	330	22	23:10	0:01:57	368	26	1:17:32	213	19	30.9	0:02:02	448	31	0:34:19	373	29	6:51	1:20:33	501	37	8:03
399	628	Chui Chin	Tan	3:17:23	30-34	15	Female	64	0:36:45	405	23	0:30	0:01:52	350	17	1:40:40	507	28	23.8	0:01:31	319	12	0:26:54	119	2	5:22	0:56:33	147	6	5:39
400	562	Eugene	Seah	3:17:37	45-49	29	Male	336	0:35:22	356	27	23:35	0:02:44	493	37	1:24:01	355	29	28.6	0:02:12	469	33	0:36:31	430	32	7:18	1:13:15	431	31	7:19
401	334	Kok Tian	Tan	3:17:39	45-49	30	Male	337	0:32:53	254	19	21:55	0:02:00	385	28	1:25:16	373	31	28.1	0:01:22	274	20				1:16:05	466	32	7:36	
402	604	Chris	Smith	3:17:47	35-39	94	Male	338	0:33:26	268	64	22:17	0:01:51	347	72	1:17:27	211	53	31	0:04:00	528	112	0:38:56	482	103	7:47	1:21:00	504	106	8:06
403	248	James	Chadam	3:17:52	40-44	91	Male	339	0:37:43	438	92	1:08	0:01:26	208	43	1:30:13	436	105	26.6	0:01:31	320	68	0:32:11	315	72	6:26	1:06:57	322	70	6:41
404	388	Quini	Gonzalez	3:18:34	40-44	92	Male	340	0:33:59	303	66	22:39	0:01:47	327	65	1:22:27	331	86	29.1	0:02:01	438	95	0:39:18	488	105	7:51	1:18:18	485	104	7:49
405	621	William	Johnston	3:18:39	40-44	93	Male	341	0:37:05	422	87	0:43	0:01:31	238	50	1:24:52	368	92	28.3	0:01:19	252	50	0:38:14	475	103	7:38	1:13:51	440	98	7:23
406	259	Matt	Christophersen	3:18:40	35-39	95	Male	342	0:35:26	359	85	23:37	0:01:51	346	71	1:25:29	375	94	28.1	0:02:15	477	100	0:37:42	461	100	7:32	1:13:36	433	88	7:21
407	614	Simon	Fellows	3:19:22	40-44	94	Male	343	0:31:55	213	45	21:16	0:04:24	529	114	1:28:52	421	103	27	0:01:01	152	30	0:36:09	424	96	7:13	1:13:10	430	96	7:19
408	394	Michael	Pear	3:19:28	40-44	95	Male	344	0:36:50	409	82	0:33	0:01:32	245	53	1:18:37	237	65	30.5	0:01:11	205	39	0:41:42	508	110	8:20	1:21:16	507	108	8:07
409	470	Tang	Kian Leng (Dave)	3:19:41	25-29	30	Male	345	0:33:23	267	23	22:15	0:01:34	254	19	1:29:49	430	32	26.7	0:01:09	194	12	0:37:10	447	29	7:26	1:13:45	437	29	7:22
410	225	Leo Michael	Wachtel	3:19:41	35-39	96	Male	346	0:32:01	220	54	21:21	0:01:38	276	56	1:32:01	454	106	26.1	0:01:45	382	80	0:38:38	480	102	7:43	1:12:15	417	84	7:13
411	440	David	Waller	3:19:51	40-44	96	Male	347	0:36:13	393	77	0:08	0:02:32	471	100	1:19:07	251	68	30.3	0:03:03	513	109	0:39:55	495	106	7:59	1:18:54	489	105	7:53
412	366	Alvin Wee Fong	Wong	3:20:12	25-29	31	Male	348	0:37:57	440	32	1:18	0:01:30	231	17	1:25:35	376	27	28	0:01:03	164	10	0:35:44	415	28	7:08	1:14:06	445	31	7:24
413	588	Kok Seng	Chua	3:20:23	35-39	97	Male	349	0:40:21	476	107	2:54	0:02:24	452	97	1:19:28	260	64	30.2	0:01:49	402	84	0:36:45	439	94	7:21	1:16:20	469	100	7:38
414	595	William	Ang	3:20:53	40-44	97	Male	350	0:39:50	466	99	2:33	0:01:01	100	17	1:20:12	281	77	29.9	0:01:54	424	93	0:38:29	476	104	7:41	1:17:54	479	102	7:47
415	330	Kwok Kit Ricky	Ho	3:21:20	50+	12	Male	351	0:36:49	408	12	0:33	0:01:34	257	8	1:19:59	276	9	30	0:02:51	497	14	0:46:04	519	15	9:12	1:20:24	500	15	8:02
416	462	Michael	Little	3:21:38	40-44	98	Male	352	0:36:54	412	83	0:36	0:01:19	178	39	1:28:44	419	102	27	0:02:12	470	101	0:34:15	372	81	6:51	1:12:28	422	94	7:14
417	288	Jessica	Frohn	3:21:44	30-34	16	Female	65	0:35:26	360	18	23:37	0:01:35	263	10	1:26:58	394	11	27.6	0:01:11	210	8	0:38:07	473	27	7:37	1:16:32	470	28	7:39
418	362	Weng Yew	Chan	3:21:48	45-49	31	Male	353	0:34:23	319	20	22:55	0:02:22	449	33	1:31:06	446	37	26.3	0:01:52	413	29	0:33:54	359	27	6:46	1:12:04	416	29	7:12
419	406	Victoria	Widdowson	3:21:57	35-39	20	Female	66	0:30:37	166	7	20:24	0:01:38	273	12	1:35:43	475	25	25.1	0:01:22	267	15	0:35:36	412	26	7:07	1:12:36	426	28	7:15
420	530	Justin	Huan	3:22:01	18-24	10	Male	354	0:37:07	423	11	0:45	0:03:11	514	11	1:24:55	370	9	28.3	0:00:50	95	5	0:37:42	462	8	7:32	1:15:55	464	10	7:35
421	662	Murray	Hodgson	3:22:09	45-49	32	Male	355	0:40:10	473	37	2:46	0:02:57	509	38	1:30:20	437	34	26.6	0:02:14	475	35	0:29:56	232	16	5:59	1:06:27	314	22	6:38
422	516	Candice Dawn	Jensen	3:22:09	35-39	21	Female	67	0:42:43	506	30	4:28	0:02:06	405	23	1:31:32	450	21	26.2	0:01:25	287	18	0:31:38	290	18	6:19	1:04:22	289	17	6:26
423	667	Kimberly	Norman	3:22:35	35-39	22	Female	68	0:37:01	418	19	0:41	0:01:41	288	13	1:29:57	432	19	26.7	0:01:19	250	14	0:36:32	431	27	7:18	1:12:36	425	27	7:15
424	317	Belinda	Foo	3:22:46	40-44	12	Female	69	0:40:46	480	14	3:10	0:01:46	321	10	1:24:43	364	9	28.3	0:02:20	483	15	0:36:46	440	15	7:21	1:13:09	429	14	7:18
425	153	Allison	Zelkowitz	3:23:11	30-34	17	Female	70	0:41:53	492	27	3:55	0:01:59	376	20	1:36:22	478	18	24.9	0:01:36	343	15	0:29:52	227	10	5:58	1:01:19	231	10	6:07
426	527	Viviana	Rimoldi	3:23:15	35-39	23	Female	71	0:34:29	323	14	22:59	0:01:58	374	20	1:39:45	497	26	24.1	0:01:19	249	13	0:32:59	333	20	6:35	1:05:42	308	23	6:34
427	987	Team	ANZ Girls	3:23:58	Team	26	Male	356	0:38:44	450	26	1:49	0:00:56	82	29	1:40:29	504	29	23.9	0:00:35	29	19	0:30:30	251	20	6:06	1:03:13	264	21	6:19

**Bintan Triathlon 2009**  
Olympic Distance Triathlon - Overall



Nirwana Gardens, Bintan Island, Indonesia - 23 May 2009

Pos	Participant			Total Time	Category		Gender		Swim				T1				Cycle				T2				Run					
	Race No	First Name	Last Name		Cat.	C.Pos	Gen.	G.Pos	Time	O.Pos	C.Pos	min/km	Time	O.Pos	C.Pos	Time	O.Pos	C.Pos	km/h	Time	O.Pos	C.Pos	5km Time	O.Pos	C.Pos	min/km	10km Time	O.Pos	C.Pos	min/km
449	161	Kelvin	Lim	3:28:23	30-34	52	Male	370	0:37:49	439	52	1:12	0:02:37	482	58	1:34:13	466	56	25.5	0:02:00	437	51	0:37:43	464	51	7:32	1:11:42	408	49	7:10
450	162	Zhiren Dexter Jr	Tai	3:28:23	25-29	32	Male	371	0:36:31	399	29	0:20	0:02:33	473	32	1:27:09	401	30	27.5	0:01:16	240	18	0:39:08	484	33	7:49	1:20:52	502	34	8:05
451	451	Jonathan	Murphy	3:28:35	35-39	104	Male	372	0:44:30	512	112	5:40	0:01:43	300	60	1:25:37	377	95	28	0:02:01	439	91	0:36:08	423	88	7:13	1:14:41	451	94	7:28
452	629	James	Staples	3:28:36	40-44	103	Male	373	0:37:02	419	85	0:41	0:02:38	486	104	1:22:22	330	85	29.1	0:03:31	524	113	0:44:11	517	113	8:50	1:23:01	510	109	8:18
453	600	Zhen He	Chew	3:28:44	18-24	11	Male	374	0:36:34	400	10	0:22	0:01:41	287	6	1:30:02	434	10	26.7	0:01:11	208	8	0:41:52	510	11	8:22	1:19:15	493	11	7:55
454	134	Wee Meng	Lai	3:28:49	30-34	53	Male	375	0:39:05	456	55	2:03	0:01:41	290	36	1:32:31	459	55	25.9	0:01:28	301	36	0:37:15	450	49	7:27	1:14:02	443	51	7:24
455	501	Richard	Huggins	3:28:53	40-44	104	Male	376	0:39:55	470	101	2:37	0:01:05	122	23	1:27:52	407	101	27.3	0:01:53	416	91	0:40:21	498	109	8:04	1:18:06	483	103	7:48
456	212	Marisa	Hall	3:29:06	18-29	16	Female	80	0:35:50	379	14	23:53	0:01:23	197	6	1:31:02	444	11	26.4	0:01:19	251	7	0:38:34	478	21	7:42	1:19:30	494	21	7:57
457	280	Boon Hoe Lawrence	Chia	3:29:08	45-49	34	Male	377	0:45:41	518	41	6:27	0:04:03	526	41	1:26:23	386	32	27.8	0:02:31	496	37	0:34:25	377	30	6:53	1:10:27	382	28	7:02
458	648	Jyh Boon	Teng	3:29:13	25-29	33	Male	378	0:37:10	425	31	0:47	0:01:24	201	13	1:31:07	447	33	26.3	0:01:10	198	13	0:37:42	460	31	7:32	1:18:21	486	33	7:50
459	439	Supriya	Singh	3:29:14	30-34	21	Female	81	0:36:05	387	22	0:03	0:02:29	465	26	1:38:51	492	21	24.3	0:01:59	435	24	0:34:47	389	22	6:57	1:09:47	372	21	6:58
460	693	Richard	Vargo	3:29:15	45-49	35	Male	379	0:35:40	370	29	23:46	0:02:00	383	27	1:31:01	443	36	26.4	0:03:32	525	39	0:37:05	446	34	7:25	1:17:00	471	33	7:42
461	986	Team	Don't Play Play	3:29:25	Team	28	Male	380	0:41:59	495	27	3:59	0:00:42	27	18	1:41:12	511	30	23.7	0:00:40	51	25	0:31:54	304	22	6:22	1:04:50	296	22	6:29
462	271	Jacqueline	Whyatt	3:29:28	35-39	24	Female	82	0:38:05	442	23	1:23	0:02:04	397	21	1:32:11	455	22	26	0:01:48	400	23	0:37:16	452	28	7:27	1:15:18	458	30	7:31
463	329	Regine	Chalupka	3:29:46	30-34	22	Female	83	0:37:23	432	24	0:55	0:02:51	502	28	1:39:56	499	24	24	0:02:32	499	29	0:32:34	323	15	6:30	1:07:02	324	15	6:42
464	560	Damon	Salakas	3:29:48	40-44	105	Male	381	0:33:35	275	55	22:23	0:01:34	256	55	1:27:27	403	100	27.4	0:02:13	471	102	0:36:45	438	100	7:21	1:24:59	515	110	8:29
465	172	Sophie	Lalberte	3:29:51	30-34	23	Female	84	0:42:07	498	29	4:05	0:01:34	262	9	1:37:41	485	20	24.6	0:01:14	221	9	0:33:48	356	19	6:45	1:07:13	334	17	6:43
466	125	Yen Hun	Kang	3:30:17	35-39	105	Male	382	0:39:47	463	106	2:31	0:02:28	464	100	1:28:03	408	102	27.3	0:02:26	489	105	0:41:44	509	108	8:20	1:17:31	474	102	7:45
467	481	Yeo	Mui Leng	3:30:22	40-44	15	Female	85	0:45:27	515	15	6:18	0:02:56	508	16	1:28:36	418	13	27.1	0:02:22	487	16	0:36:11	425	14	7:14	1:10:59	392	13	7:05
468	144	Andy	Lim	3:30:31	40-44	106	Male	383	0:45:40	517	112	6:26	0:02:26	458	97	1:33:44	464	109	25.6	0:01:52	412	89	0:34:09	367	79	6:49	1:06:48	319	68	6:40
469	504	Sze Wei	Goh	3:30:44	30-34	24	Female	86	0:34:35	324	15	23:03	0:01:51	345	16	1:38:58	493	22	24.2	0:01:43	377	17	0:37:13	449	25	7:26	1:13:36	434	24	7:21
470	151	Chuang Kok	Wong	3:30:50	40-44	107	Male	384	0:42:00	496	108	4:00	0:02:13	431	91	1:37:05	479	111	24.7	0:02:18	480	104	0:33:20	345	77	6:40	1:07:13	335	74	6:43
471	405	Ernest Dale	Rodrigues	3:30:53	35-39	106	Male	385	0:33:48	290	72	22:32	0:01:59	378	82	1:24:24	362	91	28.4	0:02:18	481	101	0:46:24	521	111	9:16	1:28:23	519	109	8:50
472	414	Lisze	Low	3:31:05	45+	8	Female	87	0:34:17	316	6	22:51	0:02:28	462	9	1:27:35	404	8	27.4	0:01:55	425	7	0:46:02	518	9	9:12	1:24:49	514	9	8:28
473	995	Team	Drumm	3:31:24	Team	29	Male	386	0:46:30	521	29	7:00	0:00:52	68	28	1:35:35	474	27	25.1	0:00:35	28	18	0:32:32	321	24	6:30	1:07:51	349	27	6:47
474	658	Bruce	Donald	3:31:25	40-44	108	Male	387	0:34:24	321	68	22:56	0:02:02	389	79	1:27:05	399	99	27.6	0:01:42	369	76	0:42:26	511	111	8:29	1:26:11	517	111	8:37
475	535	Ronald	Finch	3:31:36	30-34	54	Male	388	0:39:02	454	54	2:01	0:11:11	535	61	1:28:32	416	52	27.1	0:02:04	463	54	0:39:24	491	58	7:52	1:10:45	389	43	7:04
476	165	Tania	R.R.C. Meulenberg	3:31:43	35-39	25	Female	88	0:49:30	528	31	9:00	0:02:41	490	29	1:30:40	441	20	26.5	0:03:12	519	31	0:32:56	330	19	6:35	1:05:38	306	22	6:33
477	611	Su-Lin Lynnette	Chia	3:32:13	18-29	17	Female	89	0:40:22	477	17	2:54	0:02:46	497	23	1:29:21	425	10	26.9	0:02:09	462	22	0:37:22	455	19	7:28	1:17:33	475	20	7:45
478	529	Juliana	Peh	3:32:32	18-29	18	Female	90	0:41:20	483	18	3:33	0:02:14	433	20	1:39:40	496	18	24.1	0:00:47	77	2	0:34:20	374	13	6:52	1:08:30	355	14	6:50
479	232	Hung Wen	Ong	3:32:36	30-34	55	Male	389	0:41:38	488	58	3:45	0:01:18	175	18	1:28:04	410	50	27.2	0:01:16	237	30	0:37:57	470	54	7:35	1:20:18	499	58	8:01
480	646	Wei Min Aaron	Tan	3:33:00	25-29	34	Male	390	0:32:31	242	20	21:40	0:01:19	184	11	1:43:38	518	35	23.2	0:01:42	368	29	0:37:33	458	30	7:30	1:13:47	438	30	7:22
481	430	Dominic	Loh Yoke Hoe	3:33:08	30-34	56	Male	391	0:38:01	441	53	1:20	0:01:09	132	13	1:35:15	473	57	25.2	0:03:05	515	59	0:37:53	468	52	7:34	1:15:36	460	55	7:33
482	147	Ivan	Ng	3:33:13	40-44	109	Male	392	0:37:31	436	91	1:01	0:01:50	341	70	1:43:17	516	113	23.2	0:01:48	398	84	0:35:04	400	88	7:00	1:08:46	359	77	6:52
483	664	Keng-Em Joshua	Ang	3:33:27	30-34	57	Male	393	0:35:30	365	46	23:40	0:02:21	446	55	1:38:14	487	60	24.4	0:01:58	431	50	0:37:55	469	53	7:35	1:15:23	459	54	7:32
484	318	Roy Angel Jose	Advincula Domingo	3:33:57	40-44	110	Male	394	0:50:46	532	114	9:51	0:02:26	456	96	1:30:33	439	106	26.5	0:01:44	380	81	0:34:53	396	87	6:58	1:08:26	354	76	6:50
485	311	Melissa	Ryan	3:34:09	35-39	26	Female	91	0:39:54	469	25	2:36	0:02:26	457	28	1:40:19	502	28	23.9	0:01:53	418	25	0:37:42	463	29	7:32	1:09:35	369	25	6:57
486	323	Tracey	Simpson	3:34:39	30-34	25	Female	92	0:31:01	185	10	20:41	0:01:44	304	11	1:41:41	512	30	23.6	0:02:09	460	26	0:39:52	494	29	7:58	1:18:03	481	29	7:48
487	255	Martin	Taylor	3:34:42	40-44	111	Male	395	0:39:54	468	100	2:36	0:02:28	463	98	1:19:26	259	71	30.2	0:03:10	517	111	0:44:09	515	112	8:49	1:29:43	521	112	8:58
488	105	Seow Eng	Ong	3:34:59	45-49	36	Male	396	0:36:51	411	32	0:34	0:01:36	269	19	1:37:19	482	38	24.7	0:01:35	342	25	0:39:37	492	35	7:55	1:17:36	477	35	7:45
489	705	Sze King Damian	Lim	3:35:31	35-39	107	Male	397	0:34:08	311	80	22:45	0:01:41	294	59	1:44:25	520	111	23	0:01:46	388	82	0:35:11	402	83	7:02	1:13:29	432	87	7:20
490	634	Deborah Yu Le	Oh	3:35:37	18-29	19	Female	93	0:42:03	497	22	4:02	0:01:44	303	13	1:38:38	489	17	24.3	0:01:46	387	17	0:34:54	397	16	6:58	1:11:25	402	16	7:08
491	712	Raymond Lim Ka Wee	Lim	3:35:44	35-39	108	Male	398	0:42:26	503	110	4:17	0:01:29	223	46	1:32:24	458	108	26	0:02:19	482	102	0:37:17	453	97	7:27				

**Bintan Triathlon 2009**  
Olympic Distance Triathlon - Overall



Nirwana Gardens, Bintan Island, Indonesia - 23 May 2009

Pos	Participant			Total Time	Category		Gender		Swim				T1			Cycle				T2			Run							
	Race No	First Name	Last Name		Cat.	C.Pos	Gen.	G.Pos	Time	O.Pos	C.Pos	min/km	Time	O.Pos	C.Pos	Time	O.Pos	C.Pos	km/h	Time	O.Pos	C.Pos	5km Time	O.Pos	C.Pos	min /km	10km Time	O.Pos	C.Pos	min /km
511	107	Simone	Berger	3:49:04	30-34	28	Female	104	0:35:28	363	19	23:38	0:03:14	517	30	1:46:13	525	32	22.6	0:03:12	518	31	0:40:34	501	31	8:06	1:20:55	503	31	8:05
512	505	Hwei-I Victoria	Lim	3:49:52	18-29	23	Female	105	0:41:58	494	21	3:58	0:02:11	425	19	1:40:33	505	19	23.9	0:01:57	429	20	0:40:49	504	23	8:09	1:23:12	511	23	8:19
513	709	Wee Chun	Yee	3:50:03	30-34	60	Male	408	0:34:13	314	43	22:48	0:02:38	488	59	1:37:16	481	59	24.7	0:02:43	507	58	0:47:10	522	59	9:26	1:33:12	528	60	9:19
514	996	Team	Patel	3:50:12	Team	30	Male	409	0:54:04	535	31	12:02	0:00:38	18	12	1:32:58	461	25	25.8	0:00:43	65	28	0:40:25	500	31	8:05	1:21:47	509	31	8:10
515	581	Yiu Wa	Lo	3:50:47	45-49	39	Male	410	0:48:56	527	42	8:37	0:04:20	528	42	1:40:55	509	41	23.8	0:04:01	529	41	0:34:48	391	31	6:57	1:12:32	423	30	7:15
516	512	Lindsay Lee	Lanham	3:51:33	30-34	29	Female	106	0:42:18	501	30	4:12	0:01:32	242	8	1:39:56	500	25	24	0:02:30	494	28	0:42:29	512	32	8:29	1:25:16	516	32	8:31
517	998	Team	Siau	3:51:46	Team	31	Male	411	0:43:14	508	28	4:49	0:00:44	37	22	1:48:43	527	31	22.1	0:00:34	27	17	0:37:48	467	30	7:33	1:18:28	487	30	7:50
518	141	Rebecca	Lannin	3:52:14	30-34	30	Female	107	0:30:55	181	9	20:36	0:01:54	359	18	1:42:27	514	31	23.4	0:01:32	326	14	0:48:18	526	33	9:39	1:35:24	529	33	9:32
519	382	Mei Han	Boey	3:54:04	30-34	31	Female	108	0:50:11	530	33	9:27	0:02:22	450	25	1:39:05	494	23	24.2	0:02:08	459	25	0:40:21	499	30	8:04	1:20:15	498	30	8:01
520	427	Warren	Choo	3:54:56	35-39	110	Male	412	0:36:01	386	93	0:01	0:02:52	503	107	1:40:47	508	110	23.8	0:02:58	512	109	0:48:03	525	112	9:36	1:32:16	526	112	9:13
521	237	Bruno	Wu	3:57:11	35-39	111	Male	413	0:42:12	500	109	4:08	0:04:26	530	112	1:31:17	449	105	26.3	0:08:29	531	113	0:44:09	516	110	8:49	1:30:44	524	111	9:04
522	582	Jeremy	Soo	3:57:44	45-49	40	Male	414	0:42:20	502	40	4:13	0:01:45	309	21	1:40:37	506	40	23.9	0:02:36	500	38	0:49:42	528	39	9:56	1:30:25	523	39	9:02
523	566	Phooi Weng	Soh	3:57:58	35-39	112	Male	415	0:47:53	526	113	7:55	0:02:24	453	98	1:45:33	523	112	22.7	0:00:58	134	24	0:41:08	505	106	8:13	1:21:08	506	107	8:06
524	456	Suzanne Esther	Bruinstroop	3:58:24	30-34	32	Female	109	0:38:08	445	26	1:25	0:04:42	531	32	2:02:03	534	34	19.7	0:00:37	37	1	0:34:36	380	21	6:55	1:12:52	428	23	7:17
525	333	Soo Keng Eugene	Seow	4:00:09	50+	15	Male	416	0:47:03	524	14	7:22	0:02:37	483	12	1:51:30	530	15	21.5	0:01:01	153	4	0:39:46	493	14	7:57	1:17:56	480	14	7:47
526	592	Gillian	Kang	4:01:06	40-44	16	Female	110	0:50:49	533	16	9:52	0:02:43	491	15	1:47:52	526	15	22.2	0:01:32	329	11	0:39:15	487	16	7:51	1:18:09	484	16	7:48
527	472	Elaine Leong Yeng	Lee	4:02:39	35-39	31	Female	111	0:41:01	482	28	3:21	0:02:17	438	26	1:45:57	524	30	22.7	0:01:47	394	22	0:46:18	520	31	9:15	1:31:35	525	31	9:09
528	615	Cynthia	Nicot	4:11:10	30-34	33	Female	112	0:51:22	534	34	10:14	0:03:07	512	29	1:58:04	533	33	20.3	0:03:23	522	32	0:37:41	459	26	7:32	1:15:11	457	26	7:31
529	528	Pek Guan Tat	Pek	4:11:51	30-34	61	Male	417	0:45:13	513	60	6:09	0:02:09	415	50	1:37:10	480	58	24.7	0:03:23	521	60	0:47:21	523	60	9:28	1:43:53	530	61	10:23
530	298	Alistair	Skingley	4:17:52	40-44	113	Male	418	0:38:43	449	93	1:48	0:02:55	506	109	2:15:23	535	114	17.7	0:01:36	344	71	0:40:04	497	108	8:00	1:19:14	492	106	7:55
531	647	Tatsuya	Goto	4:24:36	35-39	113	Male	419	0:41:47	490	108	3:51	0:02:13	430	91	1:52:21	532	113	21.4	0:03:40	527	111	0:52:59	529	113	10:35	1:44:34	531	113	10:27
DNF	112	Federico	D'Inca	0:00:00	30-34		Male		0:35:43			23:48	0:01:03			1:17:48						0:10:35			2:07					
DNF	119	Daniel	Gan	0:00:00	35-39		Male		0:47:55			7:57	0:02:36																	
DNF	126	Fui Shun	Chong	3:35:40	18-29		Female		0:38:14			1:29	0:01:13			1:40:38			23.8	0:01:34			0:37:55			7:35	1:14:00			7:24
DNF	188	Sebastian	Bather	0:00:00	40-44		Male		0:45:39	516	111	6:26	0:02:21	445	94	1:36:01	477	110	25											
DQ	197	Steve	Knabl	2:44:00	35-39		Male		0:30:15			20:10	0:01:06			1:10:49			33.9	0:00:50			0:30:25			6:05	1:00:59			6:05
DNF	199	Janice	Lee	0:00:00	30-34		Female		0:41:28			3:38	0:01:57			1:37:01			24.7	0:01:54										
DNF	219	Glenn	De Buf	0:00:00	45-49		Male		0:29:18	104	8	19:32	0:01:29	224	16	1:21:24	305	23	29.5	0:01:07	183	13								
DNF	224	Angela Ruth	Locke	0:00:00	35-39		Female		0:37:28	435	22	0:58	0:01:11	143	6	1:33:35	462	23	25.6											
DNF	249	Jorgen	Fausko	0:00:00	40-44		Male		0:32:55			21:56	0:01:35			2:30:04			16											
DQ	282	Lachlin	Miller	2:54:19	35-39		Male		0:27:18			18:12	0:01:24			1:12:35			33.1	0:01:44			0:36:23			7:16	1:11:17			7:07
DNF	292	Steven	Bailey	0:00:00	30-34		Male						0:59:05																	
DNF	350	Chiew Guat	Tay	3:53:34	35-39		Female		0:36:49			0:33	0:01:35			2:12:35			18.1	0:01:15			0:30:15			6:03	1:01:17			6:07
DNF	409	Tomoya	Tsuruta	0:00:00	30-34		Male		0:27:21			18:14	0:00:44			1:15:03			32											
DNF	424	Charlotte	Yew	3:31:05	45+		Female						0:26:04			1:19:05			30.3											
DNF	442	Eric	Canale	0:00:00	35-39		Male		0:30:47			20:31	0:02:54			1:14:15			32.3											
Q	513	Simon	Reilly	2:32:00	45-49		Male		0:27:48			18:32	0:01:09			1:19:46			30.1	0:01:15			0:24:59			4:59	0:42:00			4:12
DNF	556	Nicholas	Allen	4:21:25	30-34		Male		0:26:04			17:22	0:02:34			2:42:04			14.8	0:03:37			0:31:17			6:15	1:07:05			6:42
DNF	584	May Fen Frances	Lee	4:01:12	30-34		Female		0:41:07			3:25	0:02:41			2:12:13			18.2	0:01:04										6:24
DNF	593	Lynn Lai Ying	Lee	0:00:00	30-34		Female		0:41:27			3:37	0:01:08																	
DNF	618	Hei Tong	Ng	0:00:00	45-49		Male		0:39:48	464	36	2:32	0:03:27	521	39															
DNF	623	Mary	Padgett	0:00:00	30-34		Female		0:41:56	493	28	3:57	0:02:10	418	23	1:40:14	501	26	23.9											
DNF	639	Wouter	Lindner	0:00:00	40-44		Male		0:39:20			2:13	0:02:30			1:38:07			24.5											
DNF	669	Adrian	Ho	0:00:00	35-39		Male		0:32:36			21:44	0:01:57			2:36:28			15.3											