

Bintan Triathlon 2009

Olympic Distance Triathlon - Overall

Nirwana Gardens, Bintan Island, Indonesia - 23 May 2009



Pos	Participant			Total Time	Category		Gender		Swim				T1			Cycle			T2			Run								
	Race No	First Name	Last Name		Cat.	C.Pos	Gen.	G.Pos	Time	O.Pos	C.Pos	min/km	Time	O.Pos	C.Pos	Time	O.Pos	C.Pos	km/h	Time	O.Pos	C.Pos	5km Time	O.Pos	C.Pos	min /km	10km Time	O.Pos	C.Pos	min /km
1	171	Daniel	Plews	2:03:35	25-29	1	Male	1	0:21:37	2	1	14:25	0:00:25	1	1	1:01:36	1	1	39.0	0:00:27	6	2	0:19:19	2	2	3:52	0:39:28	2	2	3:57
2	130	Nils Fredrik	Croneborg	2:06:36	25-29	2	Male	2	0:22:10	5	4	14:47	0:00:32	4	2	1:05:38	8	2	36.6	0:00:26	4	1	0:18:35	1	1	3:43	0:37:47	1	1	3:47
3	402	Chuan Rong	Loo	2:13:12	25-29	3	Male	3	0:21:38	3	2	14:25	0:00:37	16	3	1:07:38	22	3	35.5	0:00:34	23	4	0:21:14	8	3	4:15	0:42:42	6	3	4:16
4	367	Patrick	Poetzsch	2:16:11	35-39	1	Male	4	0:25:51	28	6	17:14	0:00:45	41	5	1:03:13	3	1	38.0	0:00:36	35	1	0:22:29	17	3	4:30	0:45:44	16	2	4:34
5	689	Kevin	Timmons	2:17:03	45-49	1	Male	5	0:21:36	1	1	14:24	0:00:55	78	3	1:05:47	9	1	36.5	0:00:35	32	1	0:23:59	41	1	4:48	0:48:09	30	1	4:49
6	460	David	Edwards	2:17:25	35-39	2	Male	6	0:26:06	31	8	17:24	0:00:41	24	2	1:08:13	31	9	35.2	0:00:38	43	3	0:20:21	4	1	4:04	0:41:45	5	1	4:10
7	975	Team	CGC	2:18:17	Team	1	Male	7	0:23:34	7	1	15:43	0:00:33	6	3	1:10:19	63	7	34.1	0:00:27	5	4	0:21:03	6	2	4:13	0:43:23	7	2	4:20
8	666	James	Driscoll	2:18:44	25-29	4	Male	8	0:21:58	4	3	14:39	0:00:54	77	7	1:10:45	76	8	33.9	0:00:47	75	5	0:21:34	9	4	4:19	0:44:18	12	6	4:26
9	675	Dughall	Aitken	2:19:07	40-44	1	Male	9	0:24:15	9	2	16:10	0:00:44	38	1	1:05:01	6	1	36.9	0:00:52	102	19	0:23:20	30	5	4:40	0:48:14	31	6	4:49
10	391	Trudy	Fawcett	2:20:56	35-39	1	Female	1	0:27:36	60	2	18:24	0:00:35	10	1	1:10:43	74	2	33.9	0:00:48	81	4	0:20:23	5	1	4:05	0:41:13	4	1	4:07
11	208	William	Allen	2:21:12	40-44	2	Male	10	0:28:33	81	16	19:02	0:00:59	94	15	1:07:00	18	5	35.8	0:00:30	13	1	0:21:44	11	1	4:21	0:44:08	10	1	4:25
12	978	Team	Mus Aqualthon Team 1	2:21:56	Team	2	Male	11	0:32:07	226	17	21:25	0:00:32	5	2	1:03:59	5	2	37.5	0:00:23	2	2	0:22:00	12	3	4:24	0:44:52	13	3	4:29
13	372	Melvin	Wong	2:22:05	25-29	5	Male	12	0:28:22	78	9	18:55	0:00:43	31	4	1:08:33	35	5	35.0	0:00:30	12	3	0:22:27	16	6	4:29	0:43:55	9	5	4:24
14	257	Minsok	Pak	2:22:08	40-44	3	Male	13	0:27:13	50	10	18:09	0:00:50	60	6	1:07:02	19	6	35.8	0:00:38	41	6	0:22:37	18	2	4:31	0:46:23	22	4	4:38
15	270	Paul	Dingley	2:22:54	35-39	3	Male	14	0:25:48	26	5	17:12	0:01:00	99	16	1:09:14	44	12	34.7	0:00:59	142	28	0:22:57	23	4	4:35	0:45:51	17	3	4:35
16	510	Wesley	Mailley-Smith	2:23:10	30-34	1	Male	15	0:26:40	36	2	17:47	0:00:55	80	5	1:07:36	21	2	35.5	0:00:44	68	6	0:23:31	32	2	4:42	0:47:13	27	1	4:43
17	644	Boon Kiong Adrian	Ng	2:23:12	25-29	6	Male	16	0:29:14	99	12	19:29	0:01:00	97	8	1:07:46	25	4	35.4	0:01:23	282	20	0:21:43	10	5	4:21	0:43:47	8	4	4:23
18	492	Mark	Clay	2:24:08	40-44	4	Male	17	0:30:41	170	32	20:27	0:00:52	67	9	1:06:54	16	4	35.9	0:00:36	34	4	0:22:51	21	3	4:34	0:45:03	14	2	4:30
19	104	Dean	Pearce	2:24:12	35-39	4	Male	18	0:27:50	66	21	18:33	0:00:51	63	9	1:08:52	39	10	34.8	0:00:47	73	6	0:23:10	26	5	4:38	0:45:51	18	4	4:35
20	973	Team	Effort	2:24:38	Team	3	Male	19	0:25:43	23	5	17:09	0:00:47	51	25	1:09:11	42	4	34.7	0:00:38	45	22	0:23:47	37	8	4:45	0:48:18	34	6	4:50
21	426	Arnaud	Selukov	2:25:10	40-44	5	Male	20	0:24:31	13	4	16:21	0:00:51	64	8	1:09:33	49	12	34.5	0:00:45	70	14	0:24:14	47	11	4:51	0:49:28	44	12	4:57
22	220	Ashley	Liew	2:25:25	18-24	1	Male	21	0:30:13	150	5	20:09	0:00:43	33	2	1:08:17	33	1	35.1	0:00:40	50	4	0:22:38	19	2	4:32	0:45:31	15	1	4:33
23	707	Robert	Hensby	2:25:31	30-34	2	Male	22	0:26:48	40	3	17:52	0:00:57	89	7	1:06:09	10	1	36.3	0:00:32	18	1	0:24:52	60	7	4:58	0:51:02	63	6	5:06
24	976	Team	Danish Aussies	2:25:33	Team	4	Male	23	0:26:00	30	8	17:20	0:00:31	2	1	1:17:34	215	15	30.9	0:00:21	1	1	0:20:15	3	1	4:03	0:41:04	3	1	4:06
25	706	Paul	Sakrzewski	2:25:44	40-44	6	Male	24	0:26:34	34	6	17:43	0:01:03	110	19	1:09:04	40	10	34.7	0:00:34	20	2	0:24:19	48	12	4:52	0:48:29	36	8	4:51
26	488	Brian	McGovern	2:25:53	50+	1	Male	25	0:28:46	87	1	19:11	0:00:50	59	1	1:08:25	34	1	35.1	0:00:57	124	1	0:22:52	22	1	4:34	0:46:53	24	1	4:41
27	564	William	McCormack	2:26:09	40-44	7	Male	26	0:31:07	189	39	20:45	0:01:10	137	24	1:06:44	15	3	36.0	0:00:56	121	22	0:23:19	29	4	4:40	0:46:10	20	3	4:37
28	340	Ryan John	Mckay	2:26:49	30-34	3	Male	27	0:27:23	56	5	18:15	0:01:02	104	8	1:08:13	32	4	35.2	0:01:21	263	33	0:23:36	34	3	4:43	0:48:49	41	3	4:53
29	552	Ned	Phillips	2:26:59	40-44	8	Male	28	0:30:10	149	31	20:07	0:00:59	96	16	1:07:54	30	8	35.3	0:00:41	57	8	0:23:34	33	6	4:43	0:47:13	26	5	4:43
30	342	Liam	Winston	2:27:14	35-39	5	Male	29	0:28:08	69	22	18:45	0:00:31	3	1	1:10:44	75	19	33.9	0:00:40	55	5	0:23:14	28	7	4:39	0:47:09	25	7	4:43
31	359	Andrew	Martin	2:28:09	40-44	9	Male	30	0:27:14	52	11	18:09	0:00:55	79	11	1:10:27	66	19	34.1	0:00:48	79	15	0:23:55	39	8	4:47	0:48:43	40	11	4:52
32	969	Team	Pearled Anza	2:28:12	Team	5	Male	31	0:29:49	138	12	19:53	0:00:41	21	14	1:05:27	7	3	36.7	0:00:38	44	21	0:25:35	76	11	5:07	0:51:37	69	10	5:10
33	630	Gregory	Bush	2:28:35	40-44	10	Male	32	0:24:26	11	3	16:17	0:01:40	286	60	1:10:14	60	17	34.2	0:00:59	144	28	0:24:28	51	14	4:54	0:51:15	66	18	5:07
34	506	Martin	Reynolds	2:28:55	40-44	11	Male	33	0:28:38	84	17	19:05	0:01:16	162	34	1:10:06	57	16	34.2	0:00:37	36	5	0:24:01	43	10	4:48	0:48:16	32	7	4:50
35	263	Scott	Patterson	2:28:58	40-44	12	Male	34	0:27:22	55	12	18:15	0:02:03	393	82	1:09:56	53	13	34.3	0:00:57	125	24	0:24:25	50	13	4:53	0:48:38	39	10	4:52
36	297	Andrew	Ward Curran	2:29:11	30-34	4	Male	35	0:26:22	32	1	17:35	0:00:42	29	2	1:13:01	121	15	32.9	0:00:35	30	3	0:23:31	31	1	4:42	0:48:28	35	2	4:51
37	622	Stephen	Duerden	2:29:31	45-49	2	Male	36	0:28:03	68	4	18:42	0:01:10	141	11	1:09:25	47	5	34.6	0:00:46	72	4	0:25:22	71	4	5:04	0:50:05	49	2	5:00
38	985	Team	The Rockets	2:29:47	Team	6	Male	37	0:25:46	25	7	17:11	0:00:38	20	13	1:03:07	2	1	38.0	0:00:30	11	9	0:29:18	209	17	5:52	0:59:44	205	16	5:58
39	273	Tomohiro	Hashimoto	2:29:48	35-39	6	Male	38	0:30:19	156	40	20:13	0:01:13	151	30	1:07:52	28	7	35.4	0:00:51	98	15	0:24:51	58	10	4:58	0:49:32	45	8	4:57
40	101	Julian	Hudson	2:30:15	35-39	7	Male	39	0:27:20	54	17	18:13	0:01:28	218	45	1:07:14	20	2	35.7	0:00:49	89	11	0:26:25	105	21	5:17	0:53:23	97	15	5:20
41	971	Team	RMV Team	2:30:24	Team	7	Male	40	0:28:21	77	9	18:54	0:00:41	23	16	1:10:07	59	6	34.2	0:00:31	14	10	0:22:50	20	5	4:34	0:50:43	57	9	5:04
42	363	Mark	Jones	2:30:54	40-44	13	Male	41	0:26:54	45	8	17:56	0:00:45	42	3	1:09:11	41	11	34.7	0:00:42	62	10	0:25:52	84	22	5:10	0:53:20	93	22	5:20
43	970	Team	TriHarder	2:31:14	Team	8	Male	42	0:32:14	229	18	21:29	0:00:36	12	8	1:11:27	90	9	33.6	0:00:34	22	16	0:22:22	14	4	4:28	0:46:21	21	4	4:38
44	673	Malcolm	Elley	2:31:49	50+	2	Male	43	0:29:34	130	3	19:43	0:01:31	240	6	1:08:36	37	2	35.0	0:00:57	126	2	0:25:45	81	4	5:09	0:51:09	64	4	5:07
45	702	Richard	Cohen	2:32:15	25-29	7	Male	44	0:27:54	67	8	18:36	0:01:26	210	14	1:11:47	95	9	33.4	0:01:00										

Bintan Triathlon 2009

Olympic Distance Triathlon - Overall

Nirwana Gardens, Bintan Island, Indonesia - 23 May 2009



Pos	Participant			Total Time	Category		Gender		Swim				T1			Cycle			T2			Run								
	Race No	First Name	Last Name		Cat.	C.Pos	Gen.	G.Pos	Time	O.Pos	C.Pos	min/km	Time	O.Pos	C.Pos	Time	O.Pos	C.Pos	km/h	Time	O.Pos	C.Pos	5km Time	O.Pos	C.Pos	min /km	10km Time	O.Pos	C.Pos	min /km
69	643	Chan Eng Tiong Carl	Chan	2:36:22	40-44	19	Male	65	0:25:11	18	5	16:47	0:00:53	70	10	1:13:30	130	35	32.7	0:00:58	136	25	0:27:53	156	35	5:35	0:55:48	134	30	5:35
70	397	Brandon	Edwards	2:36:23	35-39	16	Male	66	0:33:27	271	66	22:18	0:01:57	370	78	1:07:44	24	6	35.4	0:02:03	452	95	0:24:45	57	9	4:57	0:51:10	65	11	5:07
71	972	Team	The Last Resort	2:36:32	Team	10	Male	67	0:24:37	15	2	16:25	0:00:37	14	9	1:14:21	148	11	32.3	0:00:27	8	6	0:27:06	126	13	5:25	0:56:29	145	14	5:39
72	434	Ian	Wright	2:36:33	45-49	4	Male	68	0:32:03	223	16	21:22	0:00:57	91	5	1:11:14	87	10	33.7	0:00:51	99	5	0:24:13	46	2	4:51	0:51:26	67	4	5:09
73	163	Fabien	Dugue	2:36:39	30-34	8	Male	69	0:27:19	53	4	18:13	0:01:11	146	14	1:13:47	137	17	32.5	0:00:56	114	11	0:26:16	98	12	5:15	0:53:25	100	13	5:20
74	697	Masaki	Sato	2:36:40	35-39	17	Male	70	0:27:49	65	20	18:33	0:01:34	262	55	1:11:34	92	24	33.5	0:01:13	218	40	0:27:18	136	28	5:28	0:54:28	117	21	5:27
75	368	Mark	Fracq	2:36:45	35-39	18	Male	71	0:29:36	133	35	19:44	0:01:58	376	81	1:06:23	13	3	36.2	0:01:31	318	65	0:30:28	250	52	6:06	0:57:17	163	29	5:44
76	268	Richard	Waddington	2:36:48	40-44	20	Male	72	0:37:24	434	90	24:56	0:01:05	121	22	1:06:24	14	2	36.1	0:00:55	112	21	0:24:01	42	9	4:48	0:50:59	61	17	5:06
77	410	William	Morrison	2:36:59	50+	3	Male	73	0:33:48	292	8	22:32	0:01:16	160	4	1:10:28	67	3	34.1	0:01:00	150	3	0:24:22	49	3	4:52	0:50:24	52	3	5:02
78	203	Warren	Brooks	2:37:10	40-44	21	Male	74	0:29:19	106	21	19:33	0:01:32	241	51	1:11:54	99	24	33.4	0:00:43	63	11	0:26:07	94	24	5:13	0:53:41	108	25	5:22
79	412	Neil	Wendover	2:37:16	30-34	9	Male	75	0:28:13	75	10	18:49	0:01:48	337	40	1:11:17	88	10	33.7	0:01:32	325	39	0:27:19	137	18	5:28	0:54:23	114	14	5:26
80	682	Gregory B	Lyons	2:37:21	50+	4	Male	76	0:29:33	126	2	19:42	0:01:32	244	7	1:12:56	120	5	32.9	0:01:02	155	5	0:25:51	83	5	5:10	0:52:16	76	5	5:14
81	436	Georgia	Bamber	2:37:24	35-39	3	Female	5	0:29:03	92	3	19:22	0:01:19	182	8	1:15:00	163	4	32.0	0:01:00	149	10	0:24:59	63	2	5:00	0:51:00	62	3	5:06
82	121	David	Gurney	2:37:26	40-44	22	Male	77	0:31:33	208	43	21:02	0:01:15	156	32	1:08:42	38	9	34.9	0:00:39	48	7	0:27:53	155	34	5:35	0:55:15	126	28	5:31
83	193	Ian	Rogers	2:37:29	45-49	5	Male	78	0:30:08	147	12	20:05	0:00:47	49	1	1:09:23	46	4	34.6	0:00:46	71	3	0:26:25	104	8	5:17	0:56:23	143	10	5:38
84	173	Mark	Rees	2:37:30	45-49	6	Male	79	0:32:47	252	17	21:51	0:00:49	56	2	1:10:19	62	7	34.1	0:01:10	197	15	0:25:54	85	6	5:11	0:52:25	78	6	5:15
85	548	Grant	O'Halloran	2:37:51	35-39	19	Male	80	0:26:45	38	11	17:50	0:00:48	52	6	1:10:56	79	21	33.8	0:01:13	221	41	0:27:22	141	30	5:28	0:58:07	180	31	5:49
86	230	Makoto	Shimamoto	2:38:02	30-34	10	Male	81	0:31:14	192	21	20:49	0:02:25	456	56	1:13:48	139	18	32.5	0:01:13	220	27	0:24:42	56	5	4:56	0:49:20	42	4	4:56
87	216	Ahmed	Al-Awa	2:38:07	40-44	23	Male	82	0:33:46	289	60	22:31	0:00:50	119	21	1:13:37	133	37	32.6	0:01:06	182	36	0:23:52	38	7	4:46	0:48:31	38	9	4:51
88	139	Michael	Prendville	2:38:30	35-39	20	Male	83	0:26:43	37	10	17:49	0:00:49	55	7	1:10:38	70	16	34.0	0:01:21	261	51	0:26:20	101	19	5:16	0:58:58	192	37	5:54
89	499	Tommi	Pitka	2:38:38	30-34	11	Male	84	0:30:48	174	18	20:32	0:01:33	252	30	1:09:41	51	6	34.4	0:00:40	52	4	0:27:12	131	17	5:26	0:55:54	137	19	5:35
90	999	Team	1-ANZ	2:38:56	Team	11	Male	85	0:25:37	22	4	17:05	0:00:51	61	27	1:19:06	251	17	30.3	0:00:31	15	11	0:24:58	62	10	5:00	0:52:50	85	11	5:17
91	118	Benjamin	Lau	2:39:00	18-24	3	Male	86	0:29:15	100	2	19:30	0:00:54	75	4	1:11:11	85	2	33.7	0:00:40	49	3	0:28:37	182	4	5:43	0:56:59	157	3	5:42
92	277	Brian	Tan	2:39:01	30-34	12	Male	87	0:34:44	329	44	23:09	0:01:04	117	10	1:09:42	52	7	34.4	0:00:47	76	7	0:26:15	97	11	5:15	0:52:42	80	10	5:16
93	465	Edward	Sadler	2:39:04	45-49	7	Male	88	0:36:27	399	31	24:18	0:01:07	127	8	1:06:14	12	2	36.2	0:00:58	133	8	0:27:26	144	11	5:29	0:54:16	113	8	5:26
94	651	Victor	Chan	2:39:04	50+	5	Male	89	0:32:34	244	7	21:43	0:01:31	237	5	1:14:19	147	6	32.3	0:02:22	487	13	0:24:11	45	2	4:50	0:48:17	33	2	4:50
95	213	Gemma	Keogh-Peters	2:39:12	30-34	1	Female	6	0:26:51	43	2	17:54	0:00:56	83	2	1:16:24	189	2	31.4	0:00:52	103	3	0:27:21	139	4	5:28	0:54:07	112	4	5:25
96	242	Jeremy	Finnamore	2:39:20	35-39	21	Male	90	0:30:58	183	45	20:39	0:00:43	34	3	1:10:07	58	14	34.2	0:00:49	90	12	0:28:24	172	33	5:41	0:56:41	149	26	5:40
97	375	John	Tommay	2:39:35	40-44	24	Male	91	0:30:50	177	34	20:33	0:00:46	43	4	1:10:02	56	15	34.3	0:00:52	101	18	0:27:00	122	28	5:24	0:57:03	158	37	5:42
98	607	Tze Chung	Cheng	2:39:54	35-39	22	Male	92	0:30:21	159	41	20:14	0:01:03	108	20	1:09:12	43	11	34.7	0:01:04	176	34	0:26:56	120	25	5:23	0:58:12	183	33	5:49
99	433	Trent	Standen	2:39:55	30-34	13	Male	93	0:28:09	71	7	18:46	0:00:38	19	1	1:13:39	134	16	32.6	0:00:34	24	2	0:26:46	112	13	5:21	0:56:54	156	20	5:41
100	680	Reto	Kaufmann	2:39:55	35-39	23	Male	94	0:33:37	280	70	22:25	0:01:08	131	26	1:11:09	84	23	33.7	0:01:16	235	43	0:25:56	89	16	5:11	0:52:44	82	13	5:16
101	443	Richard	Offer	2:39:56	40-44	25	Male	95	0:36:25	398	81	24:17	0:01:11	148	28	1:11:14	86	21	33.7	0:01:03	171	35	0:25:03	64	16	5:01	0:50:00	47	13	5:00
102	202	Robin	Bresser	2:39:57	40-44	26	Male	96	0:32:29	241	52	21:39	0:01:38	281	58	1:11:45	94	23	33.4	0:01:20	260	53	0:26:05	92	23	5:13	0:52:42	81	20	5:16
103	319	Dwayne	Nortmann	2:39:59	35-39	24	Male	97	0:29:13	98	30	19:29	0:00:54	72	11	1:11:50	96	25	33.4	0:01:28	303	60	0:27:37	148	31	5:31	0:56:32	146	25	5:39
104	380	Mark	Lyons	2:39:59	35-39	25	Male	98	0:31:37	209	51	21:05	0:01:17	168	31	1:07:39	23	5	35.5	0:00:54	108	19	0:27:21	140	29	5:28	0:58:29	185	35	5:51
105	200	Neil	Franks	2:40:15	50+	6	Male	99	0:30:17	154	4	20:11	0:01:10	140	2	1:12:06	102	4	33.3	0:01:04	177	7	0:27:07	127	6	5:25	0:55:36	132	6	5:34
106	991	Team	B.E.S.T	2:40:27	Team	12	Male	100	0:33:13	266	19	22:09	0:00:33	7	4	1:15:38	177	12	31.7	0:00:31	16	12	0:24:01	44	9	4:48	0:50:30	55	8	5:03
107	361	Benjamin	Wark	2:40:37	30-34	14	Male	101	0:31:19	196	22	20:53	0:01:36	269	33	1:12:00	101	12	33.3	0:01:04	174	18	0:27:09	129	16	5:26	0:54:36	118	16	5:28
108	158	Wendy	Wilcox	2:40:41	45+	1	Female	7	0:31:56	215	3	21:17	0:00:42	25	1	1:14:27	150	1	32.2	0:00:37	38	1	0:25:58	90	2	5:12	0:52:58	87	2	5:18
109	665	Tate	Van Hamburg	2:40:57	35-39	26	Male	102	0:26:55	46	14	17:57	0:00:44	36	4	1:13:26	128	35	32.7	0:01:02	159	30	0:29:00	193	39	5:48	0:58:48	188	36	5:53
110	262	Glenn	Hepell	2:41:08	35-39	27	Male	103	0:34:01	307	78	22:41	0:01:32	245	52	1:10:29	68	15	34.1	0:01:10	204	37	0:26:48	114	23	5:22	0:53:53	110	19	5:23
111	559	Mark Richard	Newman	2:41:29	45-49	8	Male	104	0:28:18	76	6	18:52	0:01:46	318	22	1:12:36	115	11	33.1	0:01:24	287	21	0:27:45	150	12	5:33	0:57:23	168	13	5:44
112	686	Geoffrey	Sawyer	2:41:35	40-44	27	Male	105	0:29:11	95	19	19:27	0:																	

Bintan Triathlon 2009

Olympic Distance Triathlon - Overall

Nirwana Gardens, Bintan Island, Indonesia - 23 May 2009



Pos	Participant			Total Time	Category		Gender		Swim				T1			Cycle			T2			Run								
	Race No	First Name	Last Name		Cat.	C.Pos	Gen.	G.Pos	Time	O.Pos	C.Pos	min/km	Time	O.Pos	C.Pos	Time	O.Pos	C.Pos	km/h	Time	O.Pos	C.Pos	5km Time	O.Pos	C.Pos	min /km	10km Time	O.Pos	C.Pos	min /km
137	478	Michael	Daynes	2:45:13	40-44	31	Male	125	0:29:23	110	22	19:35	0:01:38	275	57	1:15:37	176	48	31.7	0:01:15	232	46	0:27:45	149	33	5:33	0:57:18	164	38	5:44
138	554	Kim	Nicolson	2:45:36	40-44	3	Female	13	0:32:17	233	6	21:31	0:01:07	126	4	1:12:55	119	1	32.9	0:01:28	305	9	0:28:13	167	6	5:39	0:57:46	174	7	5:47
139	241	Kane	Bennett	2:45:54	30-34	18	Male	126	0:28:12	73	8	18:48	0:01:16	163	16	1:16:38	200	26	31.3	0:00:49	91	10	0:30:06	239	28	6:01	0:58:57	191	23	5:54
140	694	Paride	Della Rosa	2:45:59	35-39	33	Male	127	0:33:03	262	62	22:02	0:01:57	367	77	1:12:11	104	27	33.2	0:01:37	352	75	0:29:05	198	41	5:49	0:57:08	160	28	5:43
141	408	Trevor	Clark	2:46:03	40-44	32	Male	128	0:29:33	127	27	19:42	0:01:11	145	27	1:13:02	122	31	32.9	0:01:21	264	54	0:29:52	229	53	5:58	1:00:54	221	50	6:05
142	983	Team	KFK Racing	2:46:05	Team	13	Male	129	0:33:36	279	20	22:24	0:00:44	39	23	1:17:57	224	16	30.8	0:00:25	3	3	0:25:45	80	12	5:09	0:53:20	94	12	5:20
143	636	Mika	Kume	2:46:13	45+	3	Female	14	0:34:15	316	5	22:50	0:01:40	287	7	1:17:54	221	4	30.8	0:01:25	292	6	0:25:10	66	1	5:02	0:50:57	60	1	5:06
144	977	Team	The Ones!	2:46:15	Team	14	Male	130	0:25:45	24	6	17:10	0:01:05	120	31	1:11:53	98	10	33.4	0:00:27	7	5	0:33:01	335	25	6:36	1:07:04	328	25	6:42
145	649	Joseph	Gordhamer	2:46:16	30-34	19	Male	131	0:32:56	258	34	21:57	0:02:03	396	46	1:15:37	175	24	31.7	0:02:15	477	56	0:24:52	59	6	4:58	0:53:23	98	12	5:20
146	279	Ruesche	Frederic	2:46:23	35-39	34	Male	132	0:32:54	256	61	21:56	0:01:38	276	56	1:13:26	127	34	32.7	0:01:33	335	68	0:28:40	184	37	5:44	0:56:50	154	27	5:41
147	617	Phillip	Lynch	2:46:35	45-49	12	Male	133	0:30:00	144	11	20:00	0:01:36	268	18	1:16:57	205	18	31.2	0:01:11	207	17	0:27:48	151	13	5:34	0:56:49	152	12	5:41
148	616	Christopher Mc Garr	Gammons	2:46:49	40-44	33	Male	134	0:31:25	200	41	20:57	0:02:24	455	95	1:14:04	142	39	32.4	0:02:02	446	98	0:28:03	162	38	5:37	0:56:52	155	36	5:41
149	221	Franciscus	Delnoij	2:47:08	45-49	13	Male	135	0:31:20	204	15	21:00	0:01:55	363	25	1:15:11	165	14	31.9	0:00:56	118	6	0:27:10	130	9	5:26	0:57:34	172	15	5:45
150	453	Jason	Humphries	2:47:16	35-39	35	Male	136	0:35:10	343	84	23:27	0:01:21	190	38	1:16:10	183	46	31.5	0:01:03	172	33	0:25:56	68	15	5:11	0:53:31	104	17	5:21
151	696	Desmond	Carbery	2:47:19	40-44	34	Male	137	0:32:13	228	49	21:29	0:02:36	482	103	1:17:55	222	59	30.8	0:01:34	340	70	0:25:12	68	18	5:02	0:53:00	88	21	5:18
152	135	Arnt	Bayer	2:47:28	35-39	36	Male	138	0:27:24	57	18	18:16	0:01:09	136	28	1:12:44	116	30	33.0	0:01:11	210	38	0:30:07	241	49	6:01	1:04:57	301	62	6:30
153	601	Lemin	Liang	2:47:34	18-24	4	Male	139	0:29:23	111	4	19:35	0:00:37	13	1	1:13:56	141	6	32.5	0:00:34	25	1	0:22:27	15	1	4:29	1:03:03	260	4	6:18
154	349	Todd	Steele	2:47:48	35-39	37	Male	140	0:28:37	83	24	19:05	0:00:56	81	14	1:19:11	255	61	30.3	0:00:49	86	10	0:28:27	174	34	5:41	0:58:13	184	34	5:49
155	635	Thomas	Treadwell	2:47:54	30-34	20	Male	141	0:32:27	240	30	21:38	0:01:28	221	25	1:14:42	153	19	32.1	0:01:07	186	21	0:28:01	161	21	5:36	0:58:09	181	22	5:49
156	493	David	Chambers	2:48:05	40-44	35	Male	142	0:33:39	283	57	22:26	0:01:35	265	56	1:13:49	140	38	32.5	0:01:09	196	38	0:28:27	175	42	5:41	0:57:50	176	41	5:47
157	159	Craig	Ross	2:48:13	45-49	14	Male	143	0:34:54	336	24	23:16	0:01:24	201	12	1:19:52	272	22	30.1	0:01:32	328	23	0:24:30	52	3	4:54	0:50:29	54	3	5:03
158	290	Hendrik	Liebenberg	2:48:14	35-39	38	Male	144	0:29:21	107	33	19:34	0:01:18	174	34	1:13:48	138	36	32.5	0:00:59	143	29	0:31:04	272	57	6:13	1:02:46	254	51	6:17
159	602	Alwyn	Pang	2:48:20	40-44	36	Male	145	0:29:45	136	28	19:50	0:01:18	175	38	1:16:27	192	53	31.4	0:00:53	106	20	0:29:11	202	46	5:50	0:59:55	209	45	6:00
160	541	Tee Ann	Tan	2:48:26	25-29	14	Male	146	0:30:51	180	18	20:34	0:01:04	113	10	1:17:58	226	18	30.8	0:01:16	240	17	0:28:43	187	13	5:45	0:57:16	162	12	5:44
161	652	Kian Peng Adrian	Lim	2:48:34	30-34	21	Male	147	0:35:54	382	48	23:56	0:01:45	317	39	1:15:02	164	21	32.0	0:01:14	224	28	0:27:29	145	19	5:30	0:54:36	119	17	5:28
162	495	David	Pohly	2:48:45	45-49	15	Male	148	0:30:26	164	14	20:17	0:01:02	106	6	1:19:02	249	21	30.4	0:00:44	66	2	0:28:33	181	15	5:43	0:57:29	170	14	5:45
163	519	Stephen	Fitzpatrick	2:48:46	40-44	37	Male	149	0:33:55	301	64	22:37	0:01:10	139	25	1:14:18	146	41	32.3	0:01:44	380	80	0:28:05	164	39	5:37	0:57:37	173	40	5:46
164	354	Cameron	Bryant	2:48:48	35-39	39	Male	150	0:29:12	97	29	19:28	0:01:30	233	49	1:19:42	266	67	30.1	0:01:02	162	31	0:25:40	78	13	5:08	0:57:19	166	30	5:44
165	246	Alex	Monck	2:48:50	30-34	22	Male	151	0:32:01	219	27	21:21	0:01:58	374	44	1:14:50	156	20	32.1	0:00:58	134	13	0:28:04	163	22	5:37	0:59:01	194	24	5:54
166	469	Martin	Henz	2:48:53	40-44	38	Male	152	0:29:24	112	23	19:36	0:01:10	142	26	1:16:19	185	50	31.4	0:01:51	411	88	0:27:05	124	29	5:25	1:00:07	212	46	6:01
167	710	Steffen	Wolf	2:49:06	40-44	39	Male	153	0:32:05	225	48	21:23	0:01:29	229	47	1:12:18	107	27	33.2	0:01:29	309	66	0:29:14	205	47	5:51	1:01:43	236	52	6:10
168	312	Byron	Rienstra	2:49:08	35-39	40	Male	154	0:29:17	102	31	19:31	0:01:41	293	59	1:14:56	162	42	32.0	0:00:54	170	18	0:31:31	287	65	6:18	1:02:18	243	48	6:14
169	466	Adrian	Johnston	2:49:14	35-39	41	Male	155	0:27:14	51	16	18:09	0:01:04	116	23	1:20:30	292	75	29.8	0:01:17	244	45	0:28:28	176	35	5:42	0:59:07	197	38	5:55
170	305	Andrew	Kwong	2:49:16	30-34	23	Male	156	0:28:29	80	11	18:59	0:02:13	430	53	1:16:53	203	27	31.2	0:02:11	466	55	0:29:10	201	25	5:50	0:59:28	202	25	5:57
171	376	Jonathon	Cocks	2:49:21	35-39	42	Male	157	0:30:23	161	43	20:15	0:00:52	65	10	1:14:44	154	38	32.1	0:00:49	93	13	0:30:43	260	54	6:09	1:02:31	248	49	6:15
172	111	Anne	Rozenauers	2:49:23	35-39	6	Female	15	0:30:21	158	5	20:14	0:00:56	85	3	1:17:44	217	6	30.9	0:00:55	111	6	0:29:06	199	10	5:49	0:59:25	201	11	5:56
173	231	Sante	Scantozzi	2:49:30	40-44	40	Male	158	0:37:03	422	86	24:42	0:01:28	222	46	1:15:32	174	47	31.8	0:01:26	295	61	0:25:28	73	19	5:06	0:53:59	111	26	5:24
174	253	Harriette	Purchas	2:49:36	40-44	4	Female	16	0:35:45	375	10	23:50	0:01:18	170	7	1:21:30	308	8	29.4	0:00:58	132	4	0:24:32	54	2	4:54	0:50:04	48	2	5:00
175	457	Shaun	Boulter	2:49:37	40-44	41	Male	159	0:31:05	187	37	20:43	0:01:04	112	20	1:12:32	114	30	33.1	0:01:02	157	31	0:32:10	314	71	6:26	1:03:53	280	62	6:23
176	459	Khina	Ong	2:49:38	45+	4	Female	17	0:33:59	305	4	22:39	0:01:45	316	8	1:14:35	152	2	32.2	0:02:10	464	9	0:28:38	183	4	5:44	0:57:07	159	4	5:43
177	308	Daniel	Stephens	2:49:49	30-34	24	Male	160	0:36:54	414	50	24:36	0:00:47	48	4	1:11:32	91	11	33.6	0:01:02	156	16	0:28:50	191	24	5:46	0:59:33	204	26	5:57
178	117	Christoph	Kaesser	2:50:06	40-44	42	Male	161	0:29:32	123	26	19:41	0:01:18	173	37	1:14:23	149	42	32.3	0:01:03	168	34	0:30:59	266	61	6:12	1:03:49	278	61	6:23
179	992	Team	C-Dogs	2:50:11	Team	15	Male	162	0:29:35	131	10	19:43	0:01:00	98	30	1:16:34	198	14	31.3	0:00:34										

Bintan Triathlon 2009

Olympic Distance Triathlon - Overall

Nirwana Gardens, Bintan Island, Indonesia - 23 May 2009



Pos	Participant			Total Time	Category		Gender		Swim				T1			Cycle			T2			Run								
	Race No	First Name	Last Name		Cat.	C.Pos	Gen.	G.Pos	Time	O.Pos	C.Pos	min/km	Time	O.Pos	C.Pos	Time	O.Pos	C.Pos	km/h	Time	O.Pos	C.Pos	5km Time	O.Pos	C.Pos	min /km	10km Time	O.Pos	C.Pos	min /km
205	420	Paul	Absalom	2:53:07	35-39	47	Male	181	0:33:50	294	74	22:33	0:02:21	448	96	1:15:13	167	43	31.9	0:01:30	313	62	0:28:17	168	32	5:39	1:00:11	213	42	6:01
206	968	Team	Tring Hard	2:53:14	Team	18	Male	182	0:30:38	168	15	20:25	0:00:42	28	19	1:21:06	304	19	29.6	0:01:30	314	30	0:29:12	203	15	5:50	0:59:16	198	15	5:56
207	266	Iain	Miller	2:53:23	35-39	48	Male	183	0:31:26	201	49	20:57	0:01:54	28	75	1:19:50	271	69	30.1	0:00:52	100	16	0:28:41	185	38	5:44	0:59:19	199	39	5:56
208	699	Samuel	Peterson	2:53:25	45-49	19	Male	184	0:28:55	89	7	19:17	0:01:54	357	24	1:10:58	80	8	33.8	0:01:42	366	27	0:34:14	372	28	6:51	1:09:54	376	27	6:59
209	653	Simon	Davis	2:53:30	30-34	28	Male	185	0:33:37	281	39	22:25	0:02:00	382	45	1:21:51	321	45	29.3	0:01:37	351	41	0:26:49	116	15	5:22	0:54:24	115	15	5:26
210	306	Daniel	Geary	2:53:45	40-44	48	Male	186	0:26:50	41	7	17:53	0:01:32	242	52	1:16:39	201	56	31.3	0:01:31	319	67	0:32:09	312	69	6:26	1:07:11	333	72	6:43
211	252	Andrew	Robertson	2:53:49	45-49	20	Male	187	0:34:49	333	23	23:13	0:01:28	220	15	1:15:12	166	15	31.9	0:01:15	234	19	0:31:04	271	18	6:13	1:01:03	226	16	6:06
212	169	Paul	Alton	2:53:51	50+	7	Male	188	0:31:00	185	6	20:40	0:01:47	330	10	1:17:39	216	7	30.9	0:01:03	167	6	0:30:06	240	9	6:01	1:02:19	244	9	6:14
213	284	Ng	Boon Hwee Nelson	2:53:55	40-44	49	Male	189	0:39:48	466	98	26:32	0:01:13	152	29	1:18:12	231	60	30.7	0:01:17	243	49	0:26:39	108	25	5:20	0:53:22	96	23	5:20
214	620	Bennet	Pember	2:54:02	25-29	15	Male	190	0:29:28	118	13	19:39	0:01:20	186	12	1:19:58	275	20	30.0	0:01:04	173	11	0:31:02	268	19	6:12	1:02:11	241	18	6:13
215	633	Anthony Keith	Russell	2:54:02	40-44	50	Male	191	0:39:09	459	95	26:06	0:01:47	334	68	1:12:10	103	25	33.3	0:01:49	405	85	0:28:50	190	45	5:46	0:59:04	195	43	5:54
216	344	Justin	Hotton	2:54:06	35-39	49	Male	192	0:31:48	212	53	21:12	0:01:53	354	74	1:17:26	210	53	31.0	0:01:20	256	49	0:30:00	234	47	6:00	1:01:39	235	47	6:10
217	164	Laurus	Meulenber	2:54:09	40-44	51	Male	193	0:31:50	213	44	21:13	0:01:39	282	59	1:15:47	180	49	31.7	0:01:32	329	69	0:30:23	246	57	6:05	1:03:20	270	56	6:20
218	245	Gerald	See	2:54:10	35-39	50	Male	194	0:28:08	70	23	18:45	0:01:39	283	58	1:12:52	118	31	32.9	0:02:05	457	97	0:35:27	412	87	7:05	1:09:24	366	76	6:56
219	984	Team	Tri To Be ...	2:54:15	Team	19	Male	195	0:31:31	205	16	21:01	0:00:41	22	15	1:20:21	285	18	29.9	0:00:38	46	23	0:30:01	235	18	6:00	1:01:03	225	17	6:06
220	518	Craig	Weik	2:54:26	30-34	29	Male	196	0:30:21	157	17	20:14	0:02:06	409	48	1:18:07	228	28	30.7	0:02:01	442	52	0:30:27	249	29	6:05	1:01:49	237	29	6:11
221	341	Alice Patricia	Lloyd	2:54:52	18-29	2	Female	25	0:29:11	94	2	19:27	0:01:59	381	18	1:28:04	410	9	27.3	0:02:11	468	23	0:26:40	110	5	5:20	0:53:24	99	3	5:20
222	543	Owain	Rowat	2:54:54	25-29	16	Male	197	0:29:53	142	14	19:55	0:02:32	471	31	1:20:56	300	21	29.7	0:02:57	512	35	0:26:47	113	10	5:21	0:58:34	186	14	5:51
223	497	Nicholas	Huffels	2:54:58	35-39	51	Male	198	0:24:17	10	2	16:11	0:02:34	478	103	1:22:37	335	83	29.0	0:01:20	259	50	0:30:57	265	55	6:11	1:04:07	286	59	6:25
224	571	Machiko	Sanagi	2:55:04	40-44	7	Female	26	0:38:06	444	12	25:24	0:01:16	164	6	1:19:39	264	5	30.1	0:00:57	128	2	0:27:33	146	4	5:31	0:55:03	124	5	5:30
225	123	Tan	Kim Kiang	2:55:22	35-39	52	Male	199	0:35:32	368	88	23:41	0:01:18	177	35	1:16:57	204	51	31.2	0:00:56	122	24	0:29:30	217	45	5:54	1:00:36	217	44	6:04
226	448	Dean	Stockwell	2:55:24	35-39	53	Male	200	0:26:57	47	15	17:58	0:01:45	315	63	1:20:03	278	71	30.0	0:01:30	315	63	0:29:52	230	46	5:58	1:05:07	303	63	6:31
227	700	Philip	Wallace	2:55:28	35-39	54	Male	201	0:27:45	64	19	18:30	0:01:03	111	21	1:19:10	254	60	30.3	0:01:39	359	77	0:32:08	311	68	6:26	1:05:49	311	64	6:35
228	473	Simeon	Cook	2:55:29	35-39	55	Male	202	0:26:35	35	9	17:43	0:01:30	230	48	1:14:50	157	39	32.1	0:01:38	357	76	0:33:16	342	72	6:39	1:10:54	392	80	7:05
229	205	Sharyn	Edwards	2:55:32	35-39	8	Female	27	0:31:59	218	9	21:19	0:01:01	101	4	1:18:02	277	7	30.8	0:00:53	105	5	0:29:19	210	12	5:52	1:03:36	274	16	6:22
230	558	John	Sullivan	2:55:44	45-49	21	Male	203	0:39:40	462	35	26:27	0:01:44	307	20	1:15:23	172	16	31.8	0:02:12	469	32	0:28:24	173	14	5:41	0:56:43	151	11	5:40
231	637	Anthony	Bowyer	2:55:50	35-39	56	Male	204	0:28:50	88	25	19:13	0:01:56	366	76	1:16:02	182	45	31.6	0:01:46	384	82	0:33:22	347	73	6:40	1:07:15	340	70	6:43
232	247	Mai Chi	Tran	2:55:53	30-34	6	Female	28	0:32:18	234	13	21:32	0:01:06	125	3	1:24:47	368	10	28.3	0:01:00	147	5	0:27:53	157	7	5:35	0:56:41	150	7	5:40
233	356	Timothy	Dillon	2:56:03	30-34	30	Male	205	0:30:50	178	19	20:33	0:01:25	208	23	1:12:48	117	14	33.0	0:01:05	178	19	0:34:04	365	41	6:49	1:09:53	375	41	6:59
234	140	Giles	Tremayne	2:56:12	30-34	31	Male	206	0:30:18	155	16	20:12	0:02:28	462	57	1:18:51	245	32	30.4	0:02:27	492	57	0:30:42	258	30	6:08	1:02:07	239	31	6:13
235	594	Jun Yang	Wee	2:56:15	18-24	6	Male	207	0:30:37	166	6	20:25	0:01:42	296	7	1:13:43	136	5	32.6	0:02:43	507	11	0:39:07	484	9	7:49	1:07:29	342	6	6:45
236	555	Reuben	Soh	2:56:24	25-29	17	Male	208	0:35:27	362	27	23:38	0:02:19	443	30	1:14:13	145	12	32.3	0:00:55	109	7	0:32:27	321	23	6:29	1:03:28	272	21	6:21
237	590	Ben	Munroe	2:56:29	35-39	57	Male	209	0:31:56	216	54	21:17	0:00:57	87	15	1:18:59	246	59	30.4	0:01:28	301	59	0:33:55	362	78	6:47	1:03:08	261	53	6:19
238	309	Daniel	Chandler	2:56:36	25-29	18	Male	210	0:30:06	145	15	20:04	0:00:53	69	6	1:13:37	132	11	32.6	0:01:27	299	24	0:33:53	359	25	6:47	1:10:32	386	27	7:03
239	708	Lee	Jer Ling Serene	2:56:37	18-29	3	Female	29	0:37:03	421	16	24:42	0:01:22	196	5	1:23:24	347	5	28.8	0:01:18	248	6	0:26:31	107	4	5:18	0:53:27	103	4	5:21
240	692	David Paul	Bell	2:56:44	35-39	58	Male	211	0:37:08	425	101	24:45	0:01:27	214	44	1:16:32	196	49	31.4	0:01:15	228	42	0:29:21	212	44	5:52	1:00:20	215	43	6:02
241	568	Shi Yin	Chin	2:56:46	30-34	7	Female	30	0:29:28	117	5	19:39	0:01:46	326	14	1:21:55	323	5	29.3	0:01:15	227	10	0:30:40	257	11	6:08	1:02:20	245	12	6:14
242	195	Luke	Millar	2:56:48	35-39	59	Male	212	0:34:04	309	80	22:43	0:01:23	200	40	1:14:52	159	40	32.1	0:01:33	336	69	0:31:01	267	56	6:12	1:04:53	298	61	6:29
243	250	Alisa	Burke	2:56:50	40-44	8	Female	31	0:35:44	374	9	23:49	0:00:56	86	3	1:25:38	379	10	28.0	0:01:03	170	6	0:27:05	125	3	5:25	0:53:26	101	3	5:21
244	577	Stephen	Ainscough	2:56:50	35-39	60	Male	213	0:30:09	148	37	20:06	0:01:49	340	68	1:19:22	257	62	30.2	0:01:16	237	44	0:31:08	274	58	6:14	1:04:12	288	60	6:25
245	688	Nicholas	Cox	2:56:58	35-39	61	Male	214	0:31:16	194	47	20:51	0:02:08	411	89	1:18:48	242	57	30.5	0:02:06	458	98	0:31:25	281	61	6:17	1:02:38	252	50	6:16
246	701	Tiffany	Lloyd	2:56:59	35-39	9	Female	32	0:29:26	114	4	19:37	0:01:22	195	10	1:23:29	350	12	28.7	0:01:22	271	16	0:29:58	233	15	6:00	1:01:18	230	13	6:08
247	302	Peter	Blanks	2:57:20	40-44	52	Male	215	0:32:03	224	47	21:22	0:01:49	339	69	1:15:24	173	46	31.8	0:01:43	379</									

Bintan Triathlon 2009

Olympic Distance Triathlon - Overall

Nirwana Gardens, Bintan Island, Indonesia - 23 May 2009



Pos	Participant			Total Time	Category		Gender		Swim				T1			Cycle			T2			Run								
	Race No	First Name	Last Name		Cat.	C.Pos	Gen.	G.Pos	Time	O.Pos	C.Pos	min/km	Time	O.Pos	C.Pos	Time	O.Pos	C.Pos	km/h	Time	O.Pos	C.Pos	5km Time	O.Pos	C.Pos	min /km	10km Time	O.Pos	C.Pos	min /km
273	524	Scott	Barnett	3:00:34	35-39	64	Male	233	0:24:49	17	4	16:33	0:01:18	171	32	1:20:25	289	74	29.8	0:01:41	362	78	0:34:36	382	82	6:55	1:12:19	421	86	7:14
274	485	Harold Anthony	Nafte	3:00:40	50+	8	Male	234	0:33:58	303	9	22:39	0:02:37	485	13	1:23:08	343	10	28.9	0:02:01	441	12	0:28:48	189	7	5:46	0:58:54	190	7	5:53
275	659	Tristan	Hockley	3:01:19	25-29	22	Male	235	0:34:42	327	26	23:08	0:02:33	477	33	1:17:51	219	17	30.8	0:02:05	456	32	0:33:26	350	24	6:41	1:04:05	285	22	6:24
276	238	Richard	Nicholas	3:01:24	40-44	61	Male	236	0:33:47	290	61	22:31	0:01:14	155	31	1:15:22	170	45	31.8	0:01:14	225	43	0:35:14	404	89	7:03	1:09:44	371	80	6:58
277	458	Juliana	Mok	3:01:26	18-29	5	Female	41	0:34:05	310	7	22:43	0:01:33	249	8	1:21:59	325	3	29.3	0:01:21	265	9	0:32:01	310	9	6:24	1:02:27	347	9	6:15
278	114	Gavin	MacLaren	3:01:35	35-39	65	Male	237	0:26:52	44	13	17:55	0:02:03	395	87	1:24:02	357	91	28.6	0:01:22	270	54	0:31:28	283	63	6:18	1:07:15	339	69	6:43
279	116	Peter Erwin	Schmidt	3:01:45	35-39	66	Male	238	0:32:38	248	59	21:45	0:04:04	528	112	1:22:20	330	81	29.1	0:01:52	416	87	0:28:29	177	36	5:42	1:00:48	219	45	6:05
280	285	Alexander	Ballard	3:02:00	30-34	34	Male	239	0:34:10	314	42	22:47	0:01:37	272	34	1:20:24	288	39	29.9	0:01:07	187	22	0:31:42	295	34	6:20	1:04:40	296	35	6:28
281	494	Trent	Tighe	3:02:04	30-34	35	Male	240	0:29:41	135	14	19:47	0:01:32	248	28	1:18:08	229	29	30.7	0:01:07	189	23	0:37:26	458	50	7:29	1:11:34	407	48	7:09
282	467	Alexander	Bell	3:02:10	40-44	62	Male	241	0:27:26	58	13	18:17	0:01:52	353	72	1:19:02	247	66	30.4	0:02:02	444	97	0:34:37	383	83	6:55	1:11:46	411	90	7:11
283	122	Teo	Kai Loon	3:02:12	30-34	36	Male	242	0:33:27	270	37	22:18	0:01:04	114	9	1:19:56	274	37	30.0	0:01:30	316	37	0:32:00	308	38	6:24	1:06:13	313	36	6:37
284	425	Justin	Sage	3:02:15	30-34	37	Male	243	0:27:43	62	6	18:29	0:01:57	368	43	1:19:30	262	34	30.2	0:01:51	412	47	0:35:54	418	47	7:11	1:11:12	396	44	7:07
285	687	Pierre Rene Claude	Nollet	3:02:28	30-34	38	Male	244	0:35:21	356	45	23:34	0:01:45	314	38	1:20:35	294	40	29.8	0:01:16	242	31	0:29:52	231	27	5:58	1:03:29	273	33	6:21
286	572	Lisa	Clayton	3:02:29	18-29	6	Female	42	0:29:33	128	4	19:42	0:01:56	365	17	1:32:21	457	13	26.0	0:00:48	85	4	0:29:16	206	6	5:51	0:57:49	175	7	5:47
287	293	Paul	Hughes	3:02:35	40-44	63	Male	245	0:35:15	349	73	23:30	0:02:10	420	88	1:19:45	269	73	30.1	0:01:23	276	58	0:31:37	290	65	6:19	1:04:02	283	63	6:24
288	671	Adrian Donald John	Baber	3:02:53	35-39	67	Male	246	0:35:08	341	83	23:25	0:01:28	219	46	1:15:39	178	44	31.7	0:01:12	214	39	0:27:16	134	27	5:27	1:09:23	365	75	6:56
289	127	Colin	Alexander	3:02:56	50+	9	Male	247	0:35:21	354	11	23:34	0:01:41	290	9	1:23:19	346	11	28.8	0:01:29	308	9	0:29:01	194	8	5:48	1:01:05	228	8	6:07
290	187	Victoria	Allen	3:03:16	40-44	9	Female	43	0:31:33	206	4	21:02	0:02:09	414	12	1:20:37	296	7	29.8	0:00:58	129	3	0:34:03	364	12	6:49	1:07:58	352	12	6:48
291	206	Britt	Kneebone	3:03:17	30-34	9	Female	44	0:30:48	175	8	20:32	0:01:46	320	13	1:21:57	324	6	29.3	0:01:06	183	6	0:33:42	354	18	6:44	1:07:37	346	19	6:46
292	196	Pablo	Belgeri	3:03:18	35-39	68	Male	248	0:31:14	193	46	20:49	0:01:21	191	39	1:19:34	263	66	30.2	0:01:10	201	36	0:32:39	326	70	6:32	1:09:56	377	77	7:00
293	441	Richard Ronald	Robison	3:03:18	40-44	64	Male	249	0:30:59	184	36	20:39	0:03:21	520	113	1:21:59	326	84	29.3	0:02:01	443	96	0:32:41	328	74	6:32	1:04:56	300	65	6:30
294	166	Robert	Linscott	3:03:22	40-44	65	Male	250	0:34:22	319	67	22:55	0:01:52	350	71	1:12:20	108	28	33.2	0:02:30	494	106	0:36:07	423	95	7:13	1:12:16	419	92	7:14
295	108	Michael	Berger	3:03:28	40-44	66	Male	251	0:42:09	500	109	28:06	0:01:55	362	75	1:20:04	279	75	30.0	0:01:13	219	42	0:28:43	186	44	5:45	0:58:06	179	42	5:49
296	650	Greg	Russell	3:03:42	40-44	67	Male	252	0:33:50	293	62	22:33	0:02:00	385	77	1:14:45	155	43	32.1	0:02:41	505	108	0:33:06	339	75	6:37	1:10:24	382	83	7:02
297	624	Benjamin	Goi	3:03:57	30-34	39	Male	253	0:29:32	124	13	19:41	0:01:22	194	21	1:19:44	268	36	30.1	0:02:03	453	53	0:36:00	420	48	7:12	1:11:15	398	45	7:07
298	321	David	Szu	3:04:14	25-29	23	Male	254	0:40:23	479	34	26:55	0:02:10	422	28	1:15:23	171	13	31.8	0:01:22	274	19	0:30:35	253	18	6:07	1:04:55	299	24	6:29
299	374	Thomas	Foster	3:04:19	25-29	24	Male	255	0:32:35	245	21	21:43	0:01:01	103	9	1:23:03	342	25	28.9	0:01:26	296	23	0:33:54	361	26	6:47	1:06:12	312	25	6:37
300	446	Ashley	Osborne	3:04:29	30-34	40	Male	256	0:32:55	257	33	21:57	0:01:29	226	26	1:21:01	301	42	29.6	0:01:15	233	23	0:31:52	304	36	6:22	1:07:47	349	39	6:47
301	217	Christopher	Roe	3:04:31	40-44	68	Male	257	0:30:07	146	30	20:05	0:00:48	53	5	1:18:13	232	61	30.7	0:01:21	267	55	0:32:09	313	70	6:26	1:14:00	443	99	7:24
302	454	Tian Seng	Lim	3:04:35	40-44	69	Male	258	0:33:18	267	53	22:12	0:02:33	475	101	1:26:58	396	98	27.6	0:00:41	59	9	0:30:01	236	54	6:00	1:01:22	204	51	6:06
303	185	Yeong	Weng Hong	3:04:36	40-44	70	Male	259	0:34:43	328	71	23:09	0:02:47	501	106	1:29:37	429	104	26.8	0:01:02	161	33	0:28:00	159	37	5:36	0:56:25	144	35	5:39
304	523	Jeremy	Say	3:04:42	18-24	7	Male	260	0:32:58	260	8	21:59	0:01:45	309	8	1:20:13	283	7	29.9	0:02:11	467	10	0:34:46	389	7	6:57	1:07:33	344	7	6:45
305	691	Kimson	Choo	3:04:45	25-29	25	Male	261	0:36:40	403	30	24:27	0:01:29	228	16	1:25:46	381	28	28.0	0:01:42	372	30	0:29:29	216	15	5:54	0:59:06	196	16	5:55
306	207	Ted	Wikstrom	3:04:46	40-44	71	Male	262	0:37:18	431	89	24:52	0:01:19	181	40	1:20:34	293	80	29.8	0:01:15	230	44	0:31:45	299	67	6:21	1:04:18	289	64	6:26
307	254	Neil	Gallford	3:05:05	40-44	72	Male	263	0:33:36	278	56	22:24	0:01:26	212	44	1:18:13	233	62	30.7	0:02:02	448	99	0:35:41	415	92	7:08	1:09:46	372	81	6:59
308	175	Geoffrey	Smith	3:05:09	50+	10	Male	264	0:34:00	306	10	22:40	0:01:16	159	3	1:17:52	220	8	30.8	0:01:50	408	11	0:34:50	395	11	6:58	1:10:10	380	11	7:01
309	422	Graeme	Lees	3:05:15	40-44	73	Male	265	0:32:23	237	51	21:35	0:03:12	516	112	1:16:32	195	54	31.4	0:02:29	493	105	0:31:32	288	63	6:18	1:10:38	387	85	7:04
310	679	Dominique	Pommier	3:05:22	45-49	22	Male	266	0:34:45	330	21	23:10	0:02:32	470	34	1:22:49	338	27	29.0	0:02:13	473	34	0:30:55	264	17	6:11	1:03:02	259	17	6:18
311	468	Robert	Mcvie	3:05:30	30-34	41	Male	267	0:33:45	288	40	22:30	0:01:38	278	35	1:21:43	315	44	29.4	0:00:58	131	12	0:33:05	337	39	6:37	1:07:25	341	37	6:44
312	351	Mark Stephen	Lewis	3:05:31	40-44	74	Male	268	0:37:13	428	88	24:49	0:01:43	300	62	1:19:03	250	67	30.4	0:00:36	33	3	0:31:36	289	64	6:19	1:06:54	321	69	6:41
313	386	Victoria	Pope	3:05:38	30-34	10	Female	45	0:29:36	132	6	19:44	0:01:28	223	7	1:24:45	366	9	28.3	0:02:39	503	30	0:31:29	286	13	6:18	1:07:08	331	16	6:43
314	291	Kah Whye	Lee	3:05:53	40-44	75	Male	269	0:36:21	397	80	24:14	0:01:54	361	74	1:23:11	344	88	28.9	0:00:43	64	12	0:30:38	256	59	6:08	1:03:42	276	59	6:22
315	597	Eng Kee	Chua	3:06:02	40-44	76	Male	270	0:40:44	480	104	27:09	0:01:43	303																

Bintan Triathlon 2009

Olympic Distance Triathlon - Overall

Nirwana Gardens, Bintan Island, Indonesia - 23 May 2009



Pos	Participant			Total Time	Category		Gender		Swim				T1			Cycle			T2			Run								
	Race No	First Name	Last Name		Cat.	C.Pos	Gen.	G.Pos	Time	O.Pos	C.Pos	min/km	Time	O.Pos	C.Pos	Time	O.Pos	C.Pos	km/h	Time	O.Pos	C.Pos	5km Time	O.Pos	C.Pos	min/km	10km Time	O.Pos	C.Pos	min/km
341	234	Hyung Joo (Robert)	Kim	3:08:32	35-39	78	Male	292	0:35:51	381	92	23:54	0:01:31	236	50	1:26:34	393	100	27.7	0:01:21	262	52	0:31:29	284	64	6:18	1:03:14	266	55	6:19
342	534	Nomura	Akira	3:08:35	30-34	45	Male	293	0:43:15	510	59	28:50	0:01:54	356	42	1:28:56	423	53	27.0	0:01:23	280	34	0:26:48	115	14	5:22	0:53:07	90	11	5:19
343	240	Muhammad	Idu	3:08:39	25-29	28	Male	294	0:34:09	313	25	22:46	0:02:35	479	34	1:27:43	406	31	27.0	0:01:02	158	9	0:30:24	247	17	6:05	1:03:08	262	19	6:19
344	521	Krishna	Allavaru	3:09:06	35-39	79	Male	295	0:36:46	408	100	24:31	0:02:00	387	84	1:26:03	384	97	27.9	0:00:56	117	22	0:31:41	294	66	6:20	1:03:17	268	56	6:20
345	539	Naomi	Husain	3:09:30	35-39	15	Female	50	0:37:19	432	20	24:53	0:01:45	313	15	1:28:56	424	17	27.0	0:01:31	323	19	0:29:03	196	9	5:49	0:59:57	210	12	6:00
346	599	Simon	Andrew	3:09:33	35-39	80	Male	296	0:29:11	96	28	19:27	0:01:59	378	82	1:20:38	297	76	29.8	0:01:49	404	86	0:37:22	457	100	7:28	1:15:55	464	100	7:35
347	677	Adelyn	Cheong	3:09:41	18-29	9	Female	51	0:35:17	352	12	23:31	0:00:47	46	1	1:27:01	399	8	27.6	0:01:04	175	5	0:32:44	330	11	6:33	1:05:31	306	10	6:33
348	508	Yiting Vanessa	Tang	3:09:46	18-29	10	Female	52	0:35:09	342	9	23:26	0:01:38	279	9	1:37:21	484	16	24.7	0:00:34	26	1	0:26:26	106	3	5:17	0:55:02	123	5	5:30
349	352	Craig	Mcturk	3:09:49	40-44	81	Male	297	0:36:16	396	79	24:11	0:02:51	502	107	1:20:35	295	81	29.8	0:03:03	515	110	0:30:53	262	60	6:11	1:07:03	326	71	6:42
350	393	Nicholas	Mace	3:10:07	40-44	82	Male	298	0:31:29	203	42	20:59	0:01:47	331	66	1:17:29	213	58	31.0	0:01:27	300	63	0:34:40	387	84	6:56	1:17:53	479	101	7:47
351	281	Roe	Jonathan Alan	3:10:23	35-39	81	Male	299	0:30:14	152	38	20:09	0:02:03	394	86	1:21:38	313	78	29.4	0:01:26	294	58	0:35:23	411	86	7:05	1:15:00	457	98	7:30
352	182	Denver	Scott	3:10:38	35-39	82	Male	300	0:39:02	456	106	26:01	0:01:26	211	42	1:19:48	270	68	30.1	0:01:37	350	74	0:31:11	277	60	6:14	1:08:44	359	74	6:52
353	261	Patrick	De Moustier	3:10:40	45-49	24	Male	301	0:35:59	386	30	23:59	0:01:46	321	23	1:21:47	319	24	29.3	0:01:56	427	30	0:33:11	341	25	6:38	1:09:10	363	25	6:55
354	186	Philip	Levinson	3:10:49	45-49	25	Male	302	0:35:17	351	26	23:31	0:02:38	488	36	1:22:12	328	25	29.2	0:01:06	179	12	0:31:39	292	19	6:20	1:09:35	369	26	6:58
355	480	Laura	Watson	3:11:20	35-39	16	Female	53	0:36:55	416	18	24:37	0:02:16	436	25	1:34:22	469	24	25.4	0:00:56	120	8	0:28:12	166	6	5:38	0:56:49	153	7	5:41
356	177	Wen Ping	Cheung	3:11:24	35-39	83	Male	303	0:36:08	391	96	24:05	0:02:47	500	107	1:22:55	339	84	28.9	0:02:21	486	105	0:33:38	352	75	6:44	1:07:11	332	68	6:43
357	353	Israel	Galan	3:11:36	30-34	46	Male	304	0:28:36	82	12	19:04	0:01:29	227	27	1:22:16	329	46	29.2	0:01:08	190	24	0:38:39	482	56	7:44	1:18:05	483	56	7:48
358	507	Benny	Kwon	3:11:37	30-34	47	Male	305	0:39:46	463	56	26:31	0:02:10	418	51	1:20:23	287	38	29.9	0:01:41	363	43	0:34:49	394	43	6:58	1:07:37	345	38	6:46
359	102	Ralph Joerg	Dreher	3:11:52	35-39	84	Male	306	0:33:42	286	72	22:28	0:02:16	437	94	1:23:35	352	88	28.7	0:00:52	104	17	0:34:55	399	83	6:59	1:11:26	404	83	7:09
360	156	Brian	Eisenach	3:11:59	40-44	83	Male	307	0:37:00	418	84	24:40	0:01:53	355	73	1:19:10	253	69	30.3	0:01:28	304	64	0:34:40	388	85	6:56	1:12:26	422	93	7:15
361	369	Andrew	Fang	3:12:01	25-29	29	Male	308	0:30:46	173	17	20:31	0:01:44	308	26	1:21:36	312	22	29.4	0:01:42	364	27	0:38:37	480	32	7:43	1:16:11	468	32	7:37
362	640	Angela	Huang	3:12:13	18-29	11	Female	54	0:41:26	487	20	27:37	0:01:19	184	4	1:35:04	472	15	25.2	0:02:02	447	21	0:25:39	77	1	5:08	0:52:21	77	1	5:14
363	296	Andrew	Gillan	3:12:21	30-34	48	Male	309	0:35:55	384	49	23:57	0:01:19	180	19	1:24:08	359	47	28.5	0:00:49	87	8	0:33:19	345	40	6:40	1:10:07	379	42	7:01
364	106	Michael	Pizel	3:12:27	35-39	85	Male	310	0:33:52	296	75	22:35	0:00:54	74	12	1:22:29	333	82	29.1	0:00:56	113	20	0:36:14	427	90	7:15	1:14:14	447	92	7:25
365	981	Team	Go Go Girls	3:12:27	Team	24	Male	311	0:29:52	140	13	19:55	0:00:47	47	24	1:31:52	454	23	26.1	0:00:41	56	27	0:34:38	384	29	6:56	1:09:14	364	29	6:55
366	511	Agnes	Safford	3:12:38	45+	7	Female	55	0:35:23	358	8	23:35	0:01:30	231	5	1:25:45	380	7	28.0	0:02:02	445	8	0:33:46	356	7	6:45	1:07:56	351	7	6:48
367	387	Antonio	Codinach Aragones	3:12:40	35-39	86	Male	312	0:31:18	195	48	20:52	0:01:51	343	69	1:26:22	386	98	27.8	0:01:22	273	55	0:34:20	376	80	6:52	1:11:46	410	84	7:11
368	967	Team	Desert Island Silt Disks	3:12:43	Team	25	Male	313	0:29:45	137	11	19:50	0:00:37	15	10	1:34:36	470	26	25.4	0:00:47	74	29	0:34:02	363	28	6:48	1:06:56	322	24	6:42
369	474	Ken	Teagle	3:12:53	40-44	84	Male	314	0:35:13	346	72	23:29	0:01:59	380	76	1:19:21	256	70	30.2	0:01:47	398	83	0:36:29	429	97	7:18	1:14:30	449	100	7:27
370	204	Mark	Lamb	3:12:55	35-39	87	Male	315	0:32:41	250	60	21:47	0:02:40	490	105	1:21:34	310	77	29.4	0:01:35	342	72	0:36:30	430	92	7:18	1:14:23	448	93	7:26
371	625	Curtis	Jensen	3:13:00	35-39	88	Male	316	0:34:46	332	82	23:11	0:02:06	407	88	1:19:24	259	64	30.2	0:01:59	437	91	0:36:36	434	93	7:19	1:14:42	453	96	7:28
372	276	Sarah Lay Keong	Tan	3:13:04	40-44	11	Female	56	0:38:39	448	13	25:46	0:02:31	469	14	1:27:01	398	11	27.6	0:01:53	421	14	0:32:17	318	11	6:27	1:02:58	258	11	6:18
373	608	Chee Wah	Lee	3:13:06	35-39	89	Male	317	0:38:23	447	103	25:35	0:02:14	435	93	1:23:16	345	85	28.8	0:02:05	455	96	0:33:44	355	77	6:45	1:07:05	329	67	6:43
374	714	Kenneth	Teo	3:13:09	18-24	8	Male	318	0:32:45	251	7	21:50	0:02:18	441	9	1:31:47	452	11	26.1	0:01:46	387	9	0:31:22	280	5	6:16	1:04:32	294	5	6:27
375	515	Scott	Tind Simmons	3:13:26	40-44	85	Male	319	0:28:39	85	18	19:06	0:02:08	412	86	1:33:42	464	108	25.6	0:00:49	92	16	0:31:11	278	62	6:14	1:08:05	354	75	6:48
376	678	Jeanne	Ding	3:13:33	18-29	12	Female	57	0:33:55	299	6	22:37	0:01:24	205	7	1:31:04	446	12	26.4	0:01:29	307	11	0:32:57	332	12	6:35	1:05:40	308	11	6:34
377	561	Gary	Holmes	3:14:03	50+	11	Male	320	0:30:45	172	5	20:30	0:02:04	400	11	1:28:05	412	12	27.2	0:01:13	216	8	0:35:20	408	12	7:04	1:11:55	413	12	7:11
378	589	Daniel Rui Zhi	Lee	3:14:07	18-24	9	Male	321	0:36:12	392	9	24:08	0:02:37	486	10	1:24:17	360	8	28.5	0:01:10	200	7	0:32:57	333	6	6:35	1:09:50	374	8	6:59
379	222	John	Su	3:14:19	40-44	86	Male	322	0:33:34	275	54	22:23	0:02:33	476	102	1:25:53	382	95	27.9	0:01:36	347	72	0:36:59	446	101	7:24	1:10:41	388	86	7:04
380	431	Gary	Hall	3:14:25	40-44	87	Male	323	0:36:13	395	78	24:09	0:02:30	467	99	1:24:19	362	91	28.5	0:01:52	415	90	0:35:41	414	91	7:08	1:09:29	368	79	6:57
381	450	Stuart	Fenwick	3:14:40	35-39	90	Male	324	0:33:38	282	71	22:25	0:01:34	254	53	1:21:42	314	79	29.4	0:01:57	428	88	0:37:15	452	97	7:27	1:15:48	462	99	7:35
382	698	Edward	Santa Cruz	3:14:49	35-39	91	Male	325	0:36:37	402	97	24:25	0:03:22	521	110	1:18:49	243	58	30.5	0:02:09	462	99	0:37:19	455	99	7:28	1:13:50	440	91	7:23
383	703	Kaoru	Parkinson	3:14:55	35-39	17	Female	58	0:42:30	506	29	28:20	0:01:47	332	17	1:26:34	3													

Bintan Triathlon 2009

Olympic Distance Triathlon - Overall

Nirwana Gardens, Bintan Island, Indonesia - 23 May 2009



Pos	Participant			Total Time	Category		Gender		Swim				T1		Cycle				T2			Run								
	Race No	First Name	Last Name		Cat.	C.Pos	Gen.	G.Pos	Time	O.Pos	C.Pos	min/km	Time	O.Pos	C.Pos	Time	O.Pos	C.Pos	km/h	Time	O.Pos	C.Pos	5km Time	O.Pos	C.Pos	min /km	10km Time	O.Pos	C.Pos	min /km
DNF	350	Chiew Guat	Tay	3:53:34	35-39		Female		0:36:49			24:33	0:01:35			2:12:35			18.1	0:01:15			0:30:15			6:03	1:01:17			6:08
DNF	409	Tomoya	Tsuruta	0:00:00	30-34		Male		0:27:21			18:14	0:00:44			1:15:03			32.0											
DNF	424	Charlotte	Yew	3:31:05	45+		Female					00:00	0:26:04			1:19:05			30.3							1:45:56			10:36	
DNF	442	Eric	Canale	0:00:00	35-39		Male		0:30:47			20:31	0:02:54			1:14:15			32.3											
Q	513	Simon	Reilly	2:32:00	45-49		Male		0:27:48			18:32	0:01:09			1:19:46			30.1	0:01:15			0:24:59			5:00	0:42:00			4:12
DNF	556	Nicholas	Allen	4:21:25	30-34		Male		0:26:04			17:23	0:02:34			2:42:04			14.8	0:03:37			0:31:17			6:15	1:07:05			6:43
DNF	584	May Fen Frances	Lee	4:01:12	30-34		Female		0:41:07			27:25	0:02:41			2:12:13			18.2	0:01:04						1:04:05			6:24	
DNF	593	Lynn Lai Ying	Lee	0:00:00	30-34		Female		0:41:27			27:38	0:01:08																	
DNF	618	Hei Tong	Ng	0:00:00	45-49		Male		0:39:48	465	36	26:32	0:03:27	522	39															
DNF	623	Mary	Padgett	0:00:00	30-34		Female		0:41:56	494	28	27:57	0:02:10	419	23	1:40:14	502	26	23.9											
DNF	639	Wouter	Lindner	0:00:00	40-44		Male		0:39:20			26:13	0:02:30			1:38:07			24.5											
DNF	669	Adrtian	Ho	0:00:00	35-39		Male		0:32:36			21:44	0:01:57			2:36:28			15.3											